

Information Resources: Nutrition & Botanicals

This list is intended to provide possible sources of information, available at National University of Health Sciences and electronically, for the homeopathic practitioner. Additional topics (such as naturopathy) might be available in other bibliographies.

Access to most databases, electronic journals and ebooks is automatic when you are on-campus and using our computer servers. When you are off-campus, you can access most electronic journals, books and streaming videos by clicking on the "A-to-Z (Full Text Finder)" on the library's eResources page. When you are prompted for a log-in, enter your 14-digit library bar code and your pin number. For remote access, you must have a current library card for the NUHS library (current students must update their card in our system each year).

Please remember to use the links provided on the eResources page. They will provide increased access to full text and also provide usage statistics to support continued availability.

Databases & Websites

About Herbs, Botanicals & Other Products

<https://www.mskcc.org/cancer-care/diagnosis-treatment/symptom-management/integrative-medicine/herbs>

Academy of Nutrition and Dietetics Foundation

<https://www.eatrightfoundation.org/home>

Agricola

<https://agricola.nal.usda.gov/>

American Botanical Council (including HerbMedPro and the Complete German Commission E Monographs)

<https://www.herbalgram.org/>

American Nutrition Association

<https://theana.org/>

American Society for Nutrition

<https://nutrition.org/>

Botanical.com

<http://www.botanical.com/index.html>

Bot Med Rocks

<https://www.botmed.rocks/>

Center for Nutrition Policy and Promotion

<https://www.fns.usda.gov/cnpp>

Dictionary of Chinese Herbs

http://alternativehealing.org/chinese_herbs_dictionary.htm

Dietary Supplement Label Database

<https://dslid.od.nih.gov/>

Food & Drug Administration

<https://www.fda.gov/>

Food and Nutrition Information Center

<https://www.nal.usda.gov/programs/fnic>

Future 50 Foods

https://www.wwf.org.uk/sites/default/files/2019-02/Knorr_Future_50_Report_FINAL_Online.pdf

Gastropod

<https://gastropod.com/>

GreenMedinfo: the science of natural healing

<https://greenmedinfo.com/>

Henriette's Herbal Homepage

<https://www.henriettes-herb.com/>

Herb Research Foundation

<http://www.herbs.org/herbnews/>

Herbal Safety

<https://www.utep.edu/herbal-safety/>

Institute for Traditional Medicine

<http://www.itmonline.org/>

Micronutrient Information Center

<https://lpi.oregonstate.edu/mic>

A Modern Herbal

<http://www.botanical.com/botanical/mgmh/mgmh.html>

NAPRALERT (database of natural products)

<https://pcrps.pharmacy.uic.edu/our-centers/napralert-database/>

National Center for Complementary and Integrative Health

<https://www.nccih.nih.gov/>

Native American Ethnobotany

<http://naeb.brit.org/>

Natural Medicines

Access from eResources page; requires login.

<https://www.nuhs.edu/student-services/winterstein-library/eresources/databases-and-journals/>

Office of Dietary Supplements

<https://ods.od.nih.gov/>

Plants Database

<https://plants.usda.gov/home>

Probiotic Advisor

<https://www.probioticadvisor.com/>

Safe and Poisonous Garden Plants

https://ucanr.edu/sites/poisonous_safe_plants/

Southwest School of Botanical Medicine (many scanned herbal books)

<https://swsbm.com/HOMEPAGE/HomePage.html>

Rain-Tree Tropical Plant Database

<https://rain-tree.com/plants.htm#.Vv1T12f2aUk>

Traditional Knowledge Digital Library (TKDL)

<http://www.tkdl.res.in/tkdl/langdefault/Common/home.asp?GL=Eng>

Vitasearch (current research in nutrition and integrative medicine)

<http://www.vitasearch.com/>

Print journal titles available at this library

Herb Quarterly

HerbalGram

Journal of the Academy of Nutrition and Dietetics

Journal of the American Nutrition Association

Nutrition Reviews

Nutritional Perspectives

Electronic Journals (access through Full Text Finder unless link provided)

American Herb Association Quarterly Newsletter

American Journal of Clinical Nutrition

<https://academic.oup.com/ajcn/issue?login=true>

American Journal of Essential Oils and Natural Products

<https://www.essencejournal.com/>

Australian Journal of Herbal and Naturopathic Medicine

Avicenna Journal of Phytomedicine

<https://ajp.mums.ac.ir/>

BMC Nutrition

<https://bmcnutr.biomedcentral.com/>

Botanical Sciences

<https://www.botanicalsciences.com.mx/index.php/botanicalSciences>

British Journal of Nutrition (one-year embargo)

<https://www.cambridge.org/core/journals/british-journal-of-nutrition>

Chinese Herbal Medicines

<https://www.journals.elsevier.com/chinese-herbal-medicines>

Chinese Medicine and Natural Products

<https://www.thieme-connect.de/products/ejournals/journal/10.1055/s-00053143>

Clinical Nutrition Open Science

<https://www.journals.elsevier.com/clinical-nutrition-open-science>

Clinical Nutrition Research

<https://e-cnr.org/>

Current Developments in Nutrition

<https://academic.oup.com/cdn?login=true>

Food & Nutrition Research

<https://foodandnutritionresearch.net/index.php/fnr>

Food Science & Nutrition

<https://onlinelibrary.wiley.com/journal/20487177>

Functional Foods In Health And Disease

<https://www.ffhdj.com/index.php/ffhd>

Future Natural Products

<http://futurenatprod.skums.ac.ir/>

Genes and Nutrition

<https://genesandnutrition.biomedcentral.com/>

Herbal Medicines Journal

<http://hmj.lums.ac.ir/index.php/hmj>

HerbalGram

Human Nutrition & Metabolism

<https://www.journals.elsevier.com/human-nutrition-and-metabolism>

Integrative Food, Nutrition and Metabolism

<https://www.oatext.com/Integrative-Food-Nutrition-and-Metabolism-IFNM.php>

International Journal of Ayurvedic and Herbal Medicine

<http://interscience.org.uk/index.php/archive#>

International Journal of Green Pharmacy

<http://www.greenpharmacy.info/index.php/ijgp/index>

International Journal of Herbal Medicine

<https://www.florajournal.com/archives/>

International Journal of Phytoremediation

International Journal of Probiotics & Prebiotics

Journal of Dietary Supplements

Journal of Food & Nutrition Research

Journal of Functional Foods

<https://www.journals.elsevier.com/journal-of-functional-foods>

Journal of Medicinal Herbs
<https://jhd.shahrekord.iau.ir/>

Journal of Medicinal Plants
<http://jmp.ir/>

Journal of Medicinal Plants and By-products
<https://jmpb.areeo.ac.ir/>

Journal of Natural Remedies
<https://www.i-scholar.in/index.php/jnr>

Journal of Nutrition

Journal of Nutrition and Metabolism
<https://www.hindawi.com/journals/jnme/>

Journal of Nutrition, Fasting and Health
<https://jnfh.mums.ac.ir/>

Journal of Nutritional Science
<https://www.cambridge.org/core/journals/journal-of-nutritional-science>

Journal of Nutritional Science and Vitaminology
<https://www.jstage.jst.go.jp/browse/jnsv>

Journal of Pharmacognosy and Phytochemistry
<https://www.phytojournal.com/>

Journal of the Academy of Nutrition and Dietetics

Journal of the American Herbalists Guild

Journal of the International Society of Sports Nutrition
<https://jissn.biomedcentral.com/>

Medicinal Plant

Nutrition & Cancer

Nutrition & Diabetes
<https://www.nature.com/nutd/>

Nutrition & Dietetics

Nutrition & Metabolism
<https://nutritionandmetabolism.biomedcentral.com/>

Nutrition Journal

<https://nutritionj.biomedcentral.com/>

Nutrition Research Reviews (one year embargo)

<https://www.cambridge.org/core/journals/nutrition-research-reviews>

Nutrition Reviews

Nutritional Neuroscience

Nutritional Perspectives: Journal of the Council on Nutrition

<https://www.nutritionalperspectives.org/>

Pharmacognosy Communications

<https://phcogcommn.org/>

Pharmacognosy Journal.

<https://www.phcogj.com/>

Pharmacognosy Reviews

<https://www.phcogrev.com/>

Phytomedicine

Phytomedicine Plus

<https://www.sciencedirect.com/journal/phytomedicine-plus>

Planta Medica

Planta Medica International Open

<https://www.thieme-connect.com/products/ejournals/journal/10.1055/s-00032099>

Proceedings of the Nutrition Society (one year embargo)

<https://www.cambridge.org/core/journals/proceedings-of-the-nutrition-society>

Research Journal of Medicinal Plant

<https://scialert.net/previous.php?issn=1819-3455>

Research Journal of Pharmacognosy

<https://www.rjpharmacognosy.ir/>

Tufts University Health & Nutrition Letter

Monographs

Books on nutrition and botanicals might be found in all of our book collections but especially in the general circulating collection, in the reserve collection (textbooks recommended and/or required by instructor) and in our Special Collections area (classic titles; in-library use only).

Please remember that although there are specific areas where most books on a subject will be located, some books will be located in other subject areas. Here are some examples:

- Information on **nutritional aspects of sports medicine** might be located in the **QT 260** with other titles on **sports medicine**.
- Books on **nutrition disorders** will be found with other **pathology** books (specifically **QZ 105**).
- **Medical Practice (WB 50-50.1)** includes many titles on **use of traditional and herbal medicine**.
- Books on **pediatric nutrition** will be found with other **pediatric** books (specifically **WS 115**).

You might wish to use the library's online catalog to locate other specialized subject areas.

Books on **nutrition** are usually found in the following areas of the collections:

QT (Physiology)

QT 235 (Diet)

QU (Biochemistry)

QU 145 (Nutrition; Nutritional Requirements)

QU 160-220 (Vitamins)

WB (Practice of Medicine)

WB 400-449 (Dietetics; Diet Therapy)

WD [miscellaneous disorders]

WD 100-175 (Nutrition Disorders)

WD 310 (Food Hypersensitivity)

Books on **botanicals** are usually found in the following areas of the collections:

QV (Pharmacology)

QV 735 (Handbooks)

QV 766 (Medicinal Plants)

QV 767 (Herbs)

QV 770 (Geographic Distribution)

WB (Practice of Medicine)

WB 925 (Herbalism)

One final note: books on **basic sciences** aspects are found in subject areas represented by the letter **Q** (e.g., **Physiology**, **Biochemistry** and **Pharmacology** in the listings above), while books on **clinical sciences** aspects are located in subject areas represented by the letter **W** (e.g., **Practice of Medicine** in the listings above).