

Information Resources: Naturopathy

This list is intended to provide possible sources of information, available at National University of Health Sciences and electronically, for the naturopathic practitioner. Additional topics (such as diet or homeopathy) might be available in other bibliographies.

Access to most databases, electronic journals and ebooks is automatic when you are on-campus and using our computer servers. When you are off-campus, you can access most electronic journals, books and streaming videos by clicking on the "A-to-Z (Full Text Finder)" on the library's eResources page. When you are prompted for a log-in, enter your 14-digit library bar code and your pin number. For remote access, you must have a current library card for the NUHS library (current students must update their card in our system each year).

Please remember to use the links provided on the eResources page. They will provide increased access to full text and also provide usage statistics to support continued availability.

Websites

About Herbs, Botanicals & Other Products

<https://www.mskcc.org/cancer-care/diagnosis-treatment/symptom-management/integrative-medicine/herbs>

Academy of Health and Medicine

<https://www.aihm.org/>

American Association of Naturopathic Midwives

<http://www.naturopathicmidwives.com/>

American Association of Naturopathic Physicians

<https://naturopathic.org/>

American Botanical Council (including HerbMedPro)

<https://www.herbalgram.org/>

American Holistic Health Association

<https://ahha.org/>

Association of Accredited Naturopathic Medical Colleges

<https://www.aanmc.org/>

Bastyr University
<https://bastyr.edu/>

Botanical.com
<http://www.botanical.com/index.html>

Bot Med Rocks
<https://www.botmed.rocks/>

CAM Cancer
<https://cam-cancer.org/>

Canadian Association of Naturopathic Doctors
<https://www.cand.ca/>

Canadian College of Naturopathic Medicine
<https://ccnm.edu/>

Council for Ayurvedic Research
<https://ayurvedaresearchusa.org/>

Council on Naturopathic Medical Education
<https://cnme.org/>

Early American Manual Therapy
<https://www.mcmillinmedia.com/eamt/index.htm>

Endocrinology Association of Naturopathic Physicians
<https://www.endoanp.org/>

Exercise Library
<https://www.acefitness.org/resources/everyone/exercise-library/>

Faculty of Homeopathy
<https://www.facultyofhomeopathy.org/>

Federation of Naturopathic Medicine Regulatory Authorities
<https://fnmra.org/>

Gastroenterology Association of Naturopathic Physicians
<https://www.gastroanp.org/>

GreenMedinfo: the science of natural healing
<https://greenmedinfo.com/>

Henriette's Herbal Homepage

<https://www.henriettes-herb.com/>

Herb Research Foundation

<http://www.herbs.org/herbnews/>

Herbal Safety

<https://www.utep.edu/herbal-safety/>

Homeopathic Academy of Naturopathic Physicians

<https://hanp.net/>

Homeopathic Collection (Taubman Medical Library)

<https://quod.lib.umich.edu/h/homeop/>

Homeopathy Research Institute

<https://www.hri-research.org/>

Hpathy: Homeopathy for Everyone

<https://hpathy.com/>

Illinois Association of Naturopathic Physicians

<https://ilanp.org/>

Institute for Natural Medicine

<https://naturemed.org/>

Institute for Naturopathic Generative Medicine

<https://natgenmed.org/ingm/>

Institute for the Preservation of Medical Traditions

<https://medicaltraditions.org/>

Institute for Traditional Medicine

<http://www.itmonline.org/>

Institute of Women's Health and Integrative Medicine

<https://instituteofwomenshealth.com/>

Micronutrient Information Center

<https://lpi.oregonstate.edu/mic>

A Modern Herbal

<http://www.botanical.com/botanical/mgmh/mgmh.html>

National Association of Environmental Medicine

<https://envmedicine.com/>

National Ayurvedic Medical Association

<https://www.ayurvedanama.org/>

National Center for Complementary and Integrative Health

<https://www.nccih.nih.gov/>

National Center for Homeopathy

<https://www.homeopathycenter.org/>

National Library of Ayurveda Medicine

<http://nlam.in/index.php>

National University of Health Sciences

<https://nuhs.edu/>

National University of Natural Medicine

<https://nunm.edu/>

Native American Ethnobotany

<http://naeb.brit.org/>

Naturopathic Academy of Primary Care Physicians

<https://www.ndprimarycare.org/>

Naturopathic Medical Student Association

<https://naturopathicstudent.org/>

North American Board of Naturopathic Examiners

<https://www.nabne.org/>

North American Society of Homeopaths

<https://homeopathy.org/>

Office of Cancer Complementary and Alternative Medicine

<https://cam.cancer.gov/>

Office of Dietary Supplements

<https://ods.od.nih.gov/>

Oncology Association of Naturopathic Physicians

<https://oncanp.org/>

Pediatric Association of Naturopathic Physicians

<https://www.pedanp.org/>

Probiotic Advisor

<https://www.probioticadvisor.com/>

Psychiatric Association of Naturopathic Physicians

<https://www.psychanp.org/>

Research Council for Complementary Medicine

<https://www.rccm.org.uk/>

Safe and Poisonous Garden Plants

https://ucanr.edu/sites/poisonous_safe_plants/

Society for Integrative Oncology

<https://integrativeonc.org/>

Southwest College of Naturopathic Medicine & Health Sciences

<https://www.scnm.edu/>

Southwest School of Botanical Medicine (many scanned herbal books)

<https://swsbm.com/HOMEPAGE/HomePage.html>

World Naturopathic Federation

<https://worldnaturopathicfederation.org/>

In order to be comprehensive, the following sites are listed but their inclusion is strictly for informational purposes and should not be construed as endorsement:

American Naturopathic Medical Accreditation Board

<https://www.anmab.org/>

American Naturopathic Medical Association

<https://www.anma.org/>

American Naturopathic Medical Certification Board

<https://www.anmcb.org/>

Databases

About Herbs, Botanicals & Other Products (herbal evidence database)

<http://www.mskcc.org/mskcc/html/11570.cfm>

Agricola (database of agricultural research, including botanical/herbal)

<https://agricola.nal.usda.gov/>

Archive of Healing

<https://archiveofhealing.com/>

Datadiwan (database of alternative/holistic research in Germany)

https://www.datadiwan.de/suche/index_e.htm

Dietary Supplement Ingredient Database

<https://dsid.od.nih.gov/>

Dietary Supplement Label Database

<https://dslid.od.nih.gov/>

IBIS (Integrative BodyMind Information System)

<http://ouribis.com/>

Index to Chiropractic Literature

<https://www.chiroindex.org/#results>

NAPRALERT (database of natural products)

<https://pcrps.pharmacy.uic.edu/our-centers/napralert-database/>

National Cancer Institute (Complementary and Alternative Medicine for Health Professionals)

<https://www.cancer.gov/about-cancer/treatment/cam/hp>

Natural Medicines

Access from eResources page; requires login.

<https://www.nuhs.edu/student-services/winterstein-library/eresources/databases-and-journals/>

PEDro (physiotherapy evidence database)

<https://pedro.org.au/>

Plants Database

<https://plants.usda.gov/home>

PubMed

<https://pubmed.ncbi.nlm.nih.gov/?otool=ilnuhslrclib>

Rain-Tree Tropical Plant Database

<https://rain-tree.com/plants.htm#.Vv1T12f2aUk>

Traditional Knowledge Digital Library (TKDL)

<http://www.tkdl.res.in/tkdl/langdefault/Common/home.asp?GL=Eng>

Vitasearch (current research in nutrition and integrative medicine)

<http://www.vitasearch.com/>

Print journal titles available at this library

Alternative Therapies in Health and Medicine

American Homeopath

American Journal of Homeopathic Medicine

Behavioral Medicine

Complementary Therapies in Medicine

Herb Quarterly

HerbalGram

Homoeopathic Links

Integrative and Complementary Therapies (formerly **Alternative & Complementary Therapies**)

Integrative Medicine: A Clinician's Journal

Journal of Alternative and Complementary Medicine

Journal of Bodywork and Movement Therapies

Journal of the American Nutrition Association

Mindful

Natural Practitioner

Nutrition Reviews

Nutritional Perspectives

Original Internist

Qi

Electronic Journals (access through Full Text Finder unless link provided)

Alive: Canada's Natural Health & Wellness Magazine

Alternative Medicine Review

Alternative Therapies in Health and Medicine

American Herb Association Quarterly Newsletter

American Homeopath

American Journal of Essential Oils and Natural Products

<https://www.essencejournal.com/>

American Journal of Homeopathic Medicine

Aqualines: The Journal of the Hydrotherapy Association of Chartered Physiotherapists

Australian Journal of Herbal and Naturopathic Medicine

Avicenna Journal of Phytomedicine

<https://ajp.mums.ac.ir/>

BMC Complementary Medicine and Therapies

<https://bmccomplementmedtherapies.biomedcentral.com/>

Botanical Sciences

<https://www.botanicalsciences.com.mx/index.php/botanicalSciences>

CAND Journal (Canadian Association of Naturopathic Doctors)

<https://candjournal.ca/index.php/candj>

Chinese Herbal Medicines

<https://www.journals.elsevier.com/chinese-herbal-medicines>

Chinese Medicine and Natural Products

<https://www.thieme-connect.de/products/ejournals/journal/10.1055/s-00053143>

Chiropractic + Naturopathic Doctor

<https://www.cndoctor.ca/digital-edition/>

Clinical Complementary Medicine and Pharmacology

<https://www.journals.elsevier.com/clinical-complementary-medicine-and-pharmacology>

Complementary Medicine Research

Complementary Therapies in Medicine

<https://www.sciencedirect.com/journal/complementary-therapies-in-medicine>

Complementary Therapies in Clinical Practice

Evidence-Based Complementary & Alternative Medicine

<https://www.hindawi.com/journals/ecam/>

Explore: the Journal of Science and Healing

Future Natural Products

<http://futurenatprod.skums.ac.ir/>

Herbal Medicines Journal

<http://hmj.lums.ac.ir/index.php/hmj>

HerbalGram

Homeopathy

Integrative and Complementary Therapies

<https://home.liebertpub.com/publications/integrative-and-complementary-therapies/3>

Integrative Cancer Science and Therapeutics

<https://www.oatext.com/Integrative-Cancer-Science-and-Therapeutics-ICST.php>

Integrative Cancer Therapies

<https://journals.sagepub.com/home/ict>

Integrative Food, Nutrition and Metabolism

<https://www.oatext.com/Integrative-Food-Nutrition-and-Metabolism-IFNM.php>

Integrative Medicine: A Clinician's Journal

Integrative Medicine Alert

Integrative Medicine Reports

<https://www.liebertpub.com/loi/imr>

Integrative Medicine Research

<https://www.journals.elsevier.com/integrative-medicine-research>

International Journal of Ayurvedic and Herbal Medicine

<http://interscience.org.uk/index.php/archive#>

International Journal of Herbal Medicine

<https://www.florajournal.com/archives/>

International Journal of Integrated Care

<https://www.ijic.org/>

International Journal of Phytoremediation

Journal of Alternative and Complementary Medicine

Journal of American Naturopathic Medical Association

<https://www.anma.org/janma>

Journal of Complementary and Integrative Medicine

Journal of Complementary Medicine Research

<http://www.jicep.com/>

Journal of Evidence-Based Integrative Medicine

<https://journals.sagepub.com/home/chp>

Journal of Functional Foods

<https://www.journals.elsevier.com/journal-of-functional-foods>

Journal of Integrative and Complementary Medicine

<https://www.liebertpub.com/loi/jicm>

Journal of Integrative Medicine

<https://www.journals.elsevier.com/journal-of-integrative-medicine>

Journal of Medicinal Herbs

<https://jhd.shahrekord.iau.ir/>

Journal of Medicinal Plants

<http://jmp.ir/>

Journal of Natural Remedies

<https://www.i-scholar.in/index.php/jnr>

Journal of Nutrition

Journal of Restorative Medicine

<https://restorativemedicine.org/journal/>

Journal of the American Herbalists Guild

Journal of Traditional and Complementary Medicine

<https://www.journals.elsevier.com/journal-of-traditional-and-complementary-medicine>

Journal of Wellness

<https://journalofwellness.com/>

Lifestyle Medicine

<https://onlinelibrary.wiley.com/journal/26883740>

Lilipoh

Medicinal Plant

Natural Medicine Journal

<https://www.naturalmedicinejournal.com/>

Natural Practitioner

<https://naturalpractitionermag.com/>

Natural Solutions

Naturopathic Doctor News and Review (NDNR)

<https://ndnr.com/>

OBM Integrative and Complementary Medicine

<https://www.lidsen.com/journals/icm>

Phytomedicine

Phytomedicine Plus

<https://www.sciencedirect.com/journal/phytomedicine-plus>

Planta Medica

Planta Medica International Open

<https://www.thieme-connect.com/products/ejournals/journal/10.1055/s-00032099>

Research Journal of Medicinal Plant

<https://scialert.net/previous.php?issn=1819-3455>

Townsend Letter

<https://www.townsendletter.com/>

Monographs

Books on **Naturopathy** (generally **WB 935**) might be found in all of our book collections but especially in the general circulating collection, in the reserve collection (textbooks recommended and/or required by instructor) and in our Special Collections area (classic titles; in-library use only). Other subject areas of interest might include: **Herbal Medicine (WB 925)** and **Homeopathy (WB 930)**.

Books on **nutrition** are usually found in the following areas of the collections:

QT (Physiology)

QT 235 (Diet)

QU (Biochemistry)

QU 145 (Nutrition; Nutritional Requirements)

QU 160-220 (Vitamins)

WB (Practice of Medicine)

WB 400-449 (Dietetics; Diet Therapy)

WD [miscellaneous disorders]

WD 100-175 (Nutrition Disorders)

WD 310 (Food Hypersensitivity)

Books on **botanicals** are usually found in the following areas of the collections:

QV (Pharmacology)

QV 735 (Handbooks)

QV 766 (Medicinal Plants)

QV 767 (Herbs)

QV 770 (Geographic Distribution)

WB (Practice of Medicine)

WB 925 (Herbalism)

Books on Oriental medicine and acupuncture are usually found in the following areas of the collections:

WB 369 (Acupuncture. Moxibustion)

WB 371 (Cupping)

WB 537 (Acupressure, Massage)

Please remember that although there are specific areas where most books on a subject will be located, some books will be located in other subject areas. Here are some examples:

- Information on **nutritional aspects of sports medicine** or on **pharmacological aspects of sports medicine** (e.g., doping in sports) might be located in **QT 260** and **QT 261** with other titles on **sports medicine**.
- Information on **herbs** might be located in the **QV (QV 711, QV 717, QV 735 QV 766- QV 767, QV 770)** with other titles on **pharmacology** and in **WB 925 (Herbalism)**.
- Books on **nutrition disorders** will be found with other **pathology** books (specifically **QZ 105**).
- Books on **mental healing (WB 880)** and on **special systems of therapeutics (WB 890)**; this is often used for complementary medicine as a broad category) will be found with other practice of medicine books.
- **Practice of Medicine (WB)** might contain some **naturopathy**, including **Encyclopedias (WB 13)**, **Outlines (WB 18)**, **Handbooks (WB 39)** and **Atlases (WB 17)** but especially **Medical Practice (WB 50-50.1)** which includes many titles on **use of traditional and Oriental medicine**. Also consider specific aspects, such as palpatory **diagnosis (WB 275)** or **diet therapy (WB 400)**.
- Books on naturopathic applications for specific conditions might be found in those subject areas (e.g., **WI** for **gastroenterology**, **WP** for **gynecology**).
- Books on **Minor Surgery** will be found with other **Surgery** books but specifically under **WO 192** [*note: currently this library does not own any titles in this area*].
- Books on **Midwifery** will be found with other **Obstetrics** books (specifically **WQ 160** and **WQ 165**) but also might be found with **Nursing** books (specifically **WY 157**).
- Books on nutrition for specific age groups will be found in those subject areas. For example, **pediatric nutrition** will be found with other **pediatric** books (specifically **WS 115**).
- Books on the history of naturopathic and/or homeopathic medicine will be found with other **History of Medicine** books (specifically **general works** in **WZ 40**, **individual biographies** in **WZ 100** and **folklore** might be found in **WZ 309**).

You might wish to use the library's online catalog to locate other specialized subject areas.

One final note: books on **basic sciences** aspects are found in subject areas represented by the letter **Q** (e.g., **Physiology**, **Biochemistry** and **Pharmacology** in the listings above), while books on **clinical sciences** aspects are located in subject areas represented by the letter **W** (e.g., **Practice of Medicine** in the listings above).

Electronic Books (selected titles)

A brief treatise on the prevention and cure of diseases, as well surgical as physical; by an entirely new method of promoting and assisting, by simple means, the efforts of nature in the performance of the various functions essential to health, without using any preparation to be found in the present Pharmacopoeia (Salemi)

<https://archive.org/details/b30357718>

Clinical Natural Medicine Handbook

<https://www.liebertpub.com/doi/book/10.1089/97809131113448>

The codicil to "my will" for the healthy and the sick : containing chapters on the anatomy and care of the human body, gymnastic exercises, first help in accidents, cooking recipes, medicinal plants and the cure of diseases by Kneipp, Sebastian

<https://archive.org/details/codiciltomywillf00knei>

The Complete Herbal by Nicholas Culpeper

<https://www.gutenberg.org/ebooks/49513>

Every Man His Own Doctor by R. T. Claridge

<https://www.gutenberg.org/ebooks/41292>

The fountain of youth by Lust, Benedict

<https://archive.org/details/fountainofyouth00lust>

Herbal Medicine: Biomolecular and Clinical Aspects, 2nd edition

<https://www.ncbi.nlm.nih.gov/books/NBK92771/>

Herbal Simples Approved for Modern Uses of Cure by William Thomas Fernie

<https://www.gutenberg.org/ebooks/19352>

Herbals, Their Origin and Evolution: A Chapter in the History of Botany

<https://www.gutenberg.org/ebooks/46889>

Hydrotherapy. The cold water cure of diseases: its philosophy and fact, with cases proving how certainly this system benefits the afflicted. In two lectures: 1st. For the healthy. - 2nd. For the sick by Schlemmer, C. V

<https://archive.org/details/b30375885>

Hydrotherapy by Hindsdale, Guy

<https://archive.org/details/hydrotherapy00hind/mode/2up>

Iridiagnosis and Other Diagnostic Methods by Henry Lindlahr (1922)

<https://archive.org/details/b2981151x/>

Lindlahr Vegetarian Cook Book and A B C of Natural Dietetics by Anna Lindlahr, Henry Lindlahr

<https://archive.org/details/lindlahrvegetari00lind/>

My water-cure [electronic resource] : tested for more than 35 years and published for the cure of diseases and the preservation of health by Kneipp

<https://archive.org/details/b2041657x>

The nature cure by physical and mental methods : a bridge from the old to the new, the dawn of a new day in medical practice, a clear, short-cut treatise on the cause and cure of disease, the light turned on

<https://archive.org/details/34010400R.nlm.nih.gov>

The natural cure of consumption, constipation, Bright's disease, neuralgia, rheumatism, colds (fevers) etc.: how sickness originates, and how to prevent it a health manual for the people (Page)

<https://archive.org/details/b20389358>

The natural method of healing: a new and complete guide to health (Bilz)

https://archive.org/details/b20417081_001

Nature Cure: Philosophy & Practice Based on the Unity of Disease & Cure by Lindlahr

<https://www.gutenberg.org/ebooks/4273>

Nature Cure Cook Book and A B C of Natural Dietetics by Anna Lindlahr, Henry Lindlahr

<https://archive.org/details/naturecurecookbo00lind/>

The naturopathic method of reducing dislocations

<https://archive.org/details/naturopathicmeth00coll>

Naturopathy: Practice, Effectiveness, Economics & Safety

https://worldnaturopathicfederation.org/wp-content/uploads/2021/12/Health-Technology-Assessment-HTA_eBook-1.pdf

Neo-naturopathy : new science of healing, or the doctrine of the unity of the unity of diseases
by Kuhne, Louis

<https://archive.org/details/neonaturopathyne00kuhn>

Old English Herbals

<https://www.gutenberg.org/ebooks/33654>

Philosophy of natural therapeutics (Lindlahr)

<https://archive.org/details/philosophyofnatu00lind>

Physio-Medical Dispensatory

<http://medherb.com/cook/cook.pdf>

Practice of Natural Therapeutics by Henry Lindlahr (1923)

<https://archive.org/details/b29811508/>

The principles and practice of hydrotherapy : a guide to the application of water in disease

by Baruch, Simon, 1840-1921

<https://archive.org/details/b23982950>

Principles and practice of hydrotherapy for students and practitioners of medicine by Abbott, George Knapp, 1880-1959

<https://archive.org/details/principlesandpr00abbogoo>

Rational hydrotherapy; a manual of the physiological and therapeutic effects of hydriatic procedures, and the technique of their application in the treatment of disease by Kelloggs, John Harvey

<https://archive.org/details/rationalhydrot00kell>

The raw food table / by Dr. Benedict Lust's School of Diets, for the art of nourishment, the art of breathing, and the training of thought

<https://archive.org/details/6666978>

Thus shalt thou live : hints and advice for the healthy and the sick on a simple and rational mode of life and a natural method of cure (Kneipp)

<https://archive.org/details/thusshaltthouliv00knei>

Universal naturopathic encyclopedia, directory and buyers' guide : year book of drugless therapy for 1918-19 (Lust)

<https://archive.org/details/universalnaturop00lust>