



A CAREER GUIDE TO BECOMING A

NATUROPATHIC DOCTOR

The *Standard of Excellence* in Integrative Medicine



Introduction to the Guide

We created this guide for those of you who are considering pursuing a Doctor of Naturopathic Medicine (ND) degree. Aspiring naturopathic physicians have a lot to think and learn about before they decide if, when and where to pursue such a degree. This guide was created to bring you real insight into exploring an exciting career as a naturopathic physician and is divided into three main sections:

PART I:

UNDERSTANDING THE NATUROPATHIC MEDICINE CAREER AND INDUSTRY

PART II:

COMPARING SCHOOLS AND SELECTING A PROGRAM

PART III:

NAVIGATING THE ADMISSIONS PROCESS



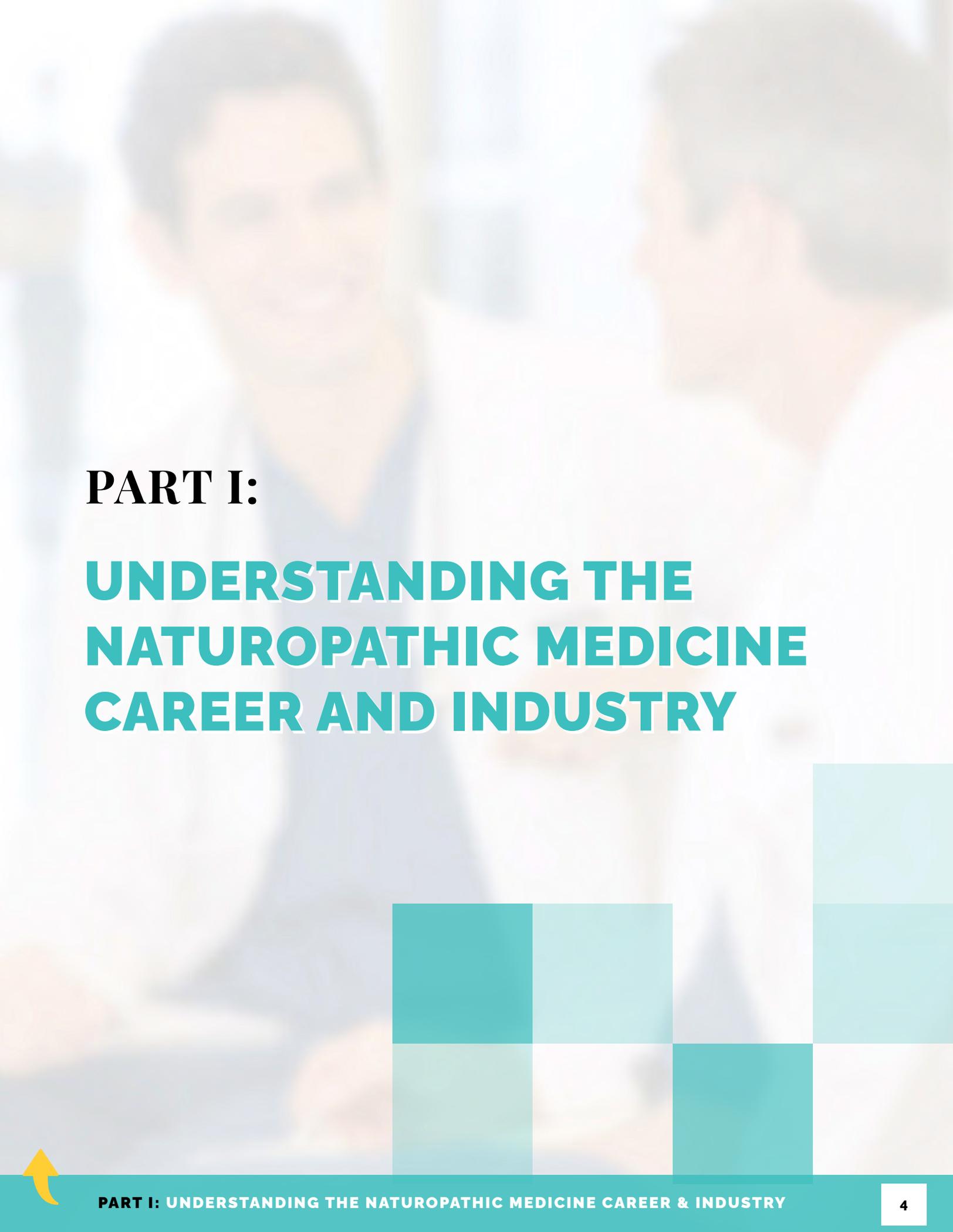


About National University of Health Sciences

Founded in 1906, National University of Health Sciences (NUHS) is a leader in the growing field of integrative medicine and is respected worldwide for success in balancing healing arts and science and combining broad-scope integrative medicine with patient-centered care. With campuses in Illinois and Florida, the university offers programs in chiropractic medicine, naturopathic medicine, acupuncture and herbal medicine, biomedical science and more.

NUHS is an established champion of high admission standards, accreditation and academic excellence for its professions. That's why students from across the globe choose NUHS to pursue higher education in health care.





PART I:

**UNDERSTANDING THE
NATUROPATHIC MEDICINE
CAREER AND INDUSTRY**

Introduction to the Naturopathic Medical Field

WHAT IS NATUROPATHIC MEDICINE?

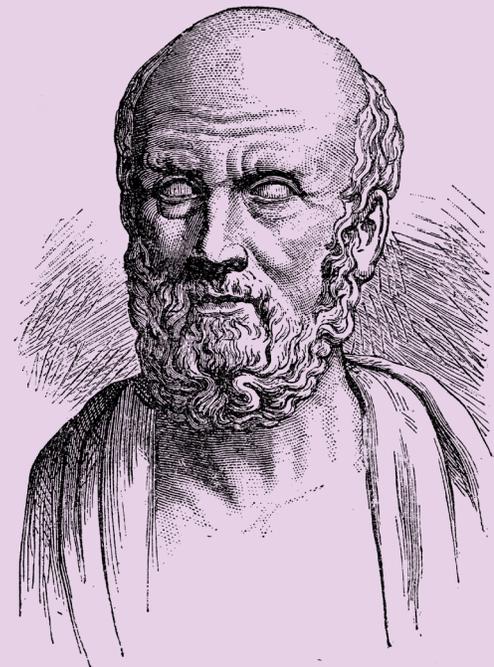
Naturopathic medicine is a holistic, science-based health care practice that is focused on the diagnosis, treatment and prevention of illness. It is a distinct primary health care profession that combines the wisdom of nature with the rigors of modern science. It is dedicated to nature's healing powers and is distinguished by the principles that underlie and determine its practice.



WHAT ARE THE FUNDAMENTAL PRINCIPLES OF NATUROPATHIC MEDICINE?

The six fundamental principles of naturopathic medicine are adhered to by naturopathic doctors, similar to the Hippocratic Oath. These are:

- ▶ **FIRST, DO NO HARM:** Utilize the most natural, least invasive and least toxic therapies.
- ▶ **THE HEALING POWER OF NATURE:** Trust in the body's inherent wisdom to heal itself.
- ▶ **IDENTIFY AND TREAT THE CAUSES:** Look beyond the symptoms to the underlying cause.
- ▶ **DOCTOR AS TEACHER:** Educate patients in the steps to achieving and maintaining health.
- ▶ **TREAT THE WHOLE PERSON:** View the body as an integrated whole in all its physical and spiritual dimensions.
- ▶ **PREVENTION:** Focus on overall health, wellness and disease prevention.



WHAT DOES A NATUROPATHIC PHYSICIAN ACTUALLY DO?

Naturopathic Physicians or Doctors of Naturopathic Medicine (NDs), like MDs, are trained as primary-care physicians who diagnose, treat and prevent illnesses.

They are highly trained diagnosticians and focus on the least invasive and least toxic therapies to address underlying causes of illness and to support the body's own ability to ward off and combat disease. NDs address chronic health issues, such as diabetes, obesity, asthma and heart disease, using modern medical science and natural therapies. Treatment modalities can include nutritional counseling, botanical medicine, homeopathy, hydrotherapy and minor surgery. They practice personalized medicine and consider each patient's unique situation based on genetics, environmental exposures and lifestyle.

While naturopathic doctors are trained as primary care physicians, they also work with MDs, DOs, DCs and other medical specialists, co-managing patient cases as part of an integrative medical team.

DIVERSE EMPLOYMENT SETTINGS



Most naturopathic doctors work in **solo** (private) or **multi-disciplinary group practices** and the rest work in a variety of settings, including **hospitals, educational institutions, research, government** and **more**.

Source: AANMC 2020 Graduate Success and Compensation Survey



HOW DO NDS PRACTICE?

NATUROPATHIC PHYSICIANS ARE ABLE TO:

- ▶ Treat patients effectively with a wide variety of healing skills
- ▶ Run their own business or work as an associate in a group or integrative practice
- ▶ Specialize in fields such as women's health, pediatrics, internal medicine and more
- ▶ Practice as a primary-care (first contact) physician in licensed states. Those seeking licensure as an ND must take national board examinations, as well as apply for licensure in the state where they plan to practice. The professional organizations representing naturopathic physicians include the **COUNCIL ON NATUROPATHIC MEDICAL EDUCATION (CNME)** and the **AMERICAN ASSOCIATION OF NATUROPATHIC PHYSICIANS (AANP)**.

What is the Career Outlook Over the next 5-10 Years?

RISING DEMAND FOR NATURAL HEALTH CARE

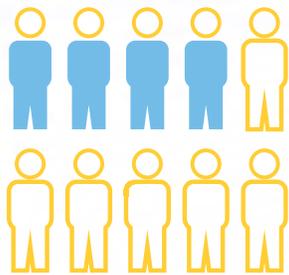
The demand for alternative methods of health care is on the rise due to the increase in the prevalence of chronic disease coupled with an increased desire on the part of health-conscious Americans for alternatives to traditional Western medicine.

Consumer demand for alternative health care will continue to grow according to the U.S. Department of Labor (DOL) because of “research and changing attitudes about alternative, non-invasive health care practices.” The DOL forecasts that employment of physicians will grow faster than average for all occupations, driven in large part by the rapidly increasing older population.

Naturopathic medicine doctors (NDs) currently practice throughout the United States, working in private practice, hospitals, multi-disciplinary clinics, community health centers and specialty treatment centers such as Cancer Treatment Centers of America (CTCA). With demand for this type of holistic care growing, there is certainly a need for more trained NDs.

HIGH USAGE OF NATURAL HEALTH CARE

**4 IN 10
AMERICANS**



...use some form of complementary and alternative medicine (CAM) treatments, according to the U.S. Department of Health and Human Services.

Source: PubMed, National Health Statistics Report

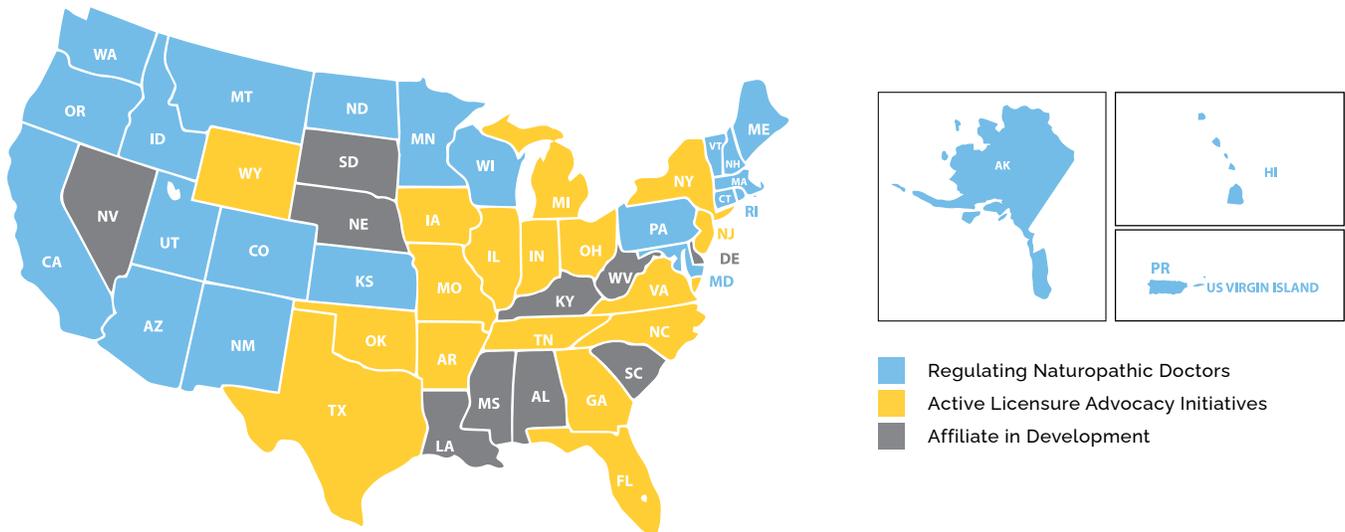


ACTIVE LICENSURE GROWTH

IN THE UNITED STATES: 26 jurisdictions, including the District of Columbia, Puerto Rico and the US Virgin Islands all have laws regulating naturopathic physicians.

IN CANADA: 6 provinces and **1 territory** regulate naturopathic doctors.

Source: Association of Accredited Naturopathic Medical Colleges (AANMC)



INCREASED RECOGNITION AND LICENSURE

More and more states are beginning to recognize the value of naturopathic medicine to their citizens. Several other states, including Illinois, have ND licensure pending. In these licensed states, NDs can be licensed as primary care or general practice physicians after they've fulfilled the following requirements:

- ▶ Graduated from a four-year professional-level program at a Council on Naturopathic Medical Education (CNME) accredited naturopathic medical school, such as National University of Health Sciences.
- ▶ Taken and passed national board exams: Naturopathic Physicians Licensing Exam (NPLEX). This rigorous exam covers basic sciences, diagnostic and therapeutic subjects and clinical sciences.



This means patients can trust they are receiving quality care from licensed naturopathic physicians who comply with practice and professional standards set forth by state legislators.



Naturopathic doctors aren't limited to having successful careers in just licensed states. Many NDs have been able to find success in pre-licensed states, such as Illinois, partly due to the growing popularity of integrative practices. NDs can be found not only in conventional medical offices, but in larger health care facilities like the Cancer Treatment Centers of America, Edward-Elmhurst Health hospital and more.

Rapid Time to Employment

77% of naturopathic medicine graduates found work within 6 months

Nearly 4 in 5 graduates reported that it took them less than 6 months to find employment related to their naturopathic physician designation.

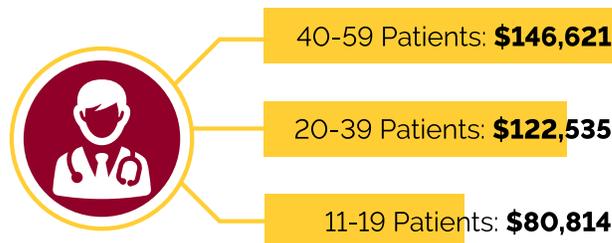
Source: AANMC 2020 Graduate Success and Compensation Survey

COMPENSATION, JOB SATISFACTION AND THE FUTURE OF HEALTH CARE

The demand for natural and non-invasive care means strong salaries and earning potential for NDs. More than 1,200 naturopathic physicians surveyed by the **ASSOCIATION OF ACCREDITED NATUROPATHIC MEDICAL COLLEGES (AANMC)** in 2020 shows that in the U.S., the average salary earned by NDs is more than \$95,000. Earnings can vary depending on several factors including location and region, type of clientele served, fee structures, willingness to work with insurance carriers, business objectives, and marketing and networking efforts.

SOLID EARNING POTENTIAL

Average full-time Naturopathic Physician salaries by number of patient visits per week:



The average annual salary for Naturopathic Physicians in the U.S. is **\$95,642**, with a high of **\$146,621**.

Source: AANMC 2020 Graduate Success and Compensation Survey

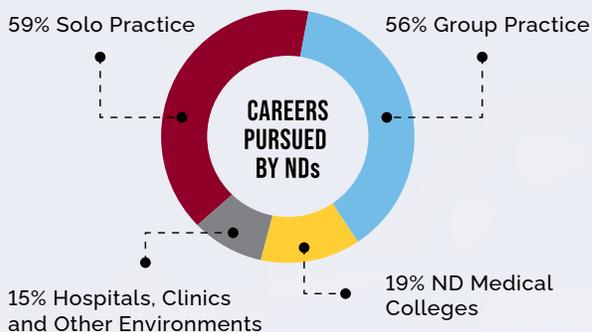


PREPARED FOR THE FUTURE OF HEALTH CARE

National University students graduate with a wide variety of career options.

Findings from the survey indicate that earning another degree in addition to the ND degree can boost earnings. NUHS offers the distinct advantage of additional programs in other complementary and alternative medicine, such as chiropractic medicine, acupuncture and oriental medicine—all on one campus. Students earning dual degrees can save months, years and several thousand dollars versus taking both degrees at separate times, or at separate institutions.

VARIETY OF EMPLOYMENT OPTIONS



Source: AANMC 2020 Graduate Success and Compensation Survey*

*It is common for NDs to work in multiple employment settings, so the percentage do not add up to 100 percent.



High Job Satisfaction

Top 33% of careers



Unlike many careers, naturopathic doctors have little difficulty finding meaning in their work. NDs rate their career happiness **3.5 out of 5 stars**, which puts them in the **top 33% of careers**.

Source: Career Explorer





Our grads are **uniquely prepared** for the real world of health care today through learning in our integrative medicine environment.



Why NUHS Students Chose Naturopathic Medicine

Students have many reasons for pursuing a degree in naturopathic medicine. Here are a few statements from NUHS students explaining their reasons for seeking naturopathic physicians and for choosing NUHS. You can hear about other student journeys by following the weekly naturopathic medicine student [WEEKLY BLOG](#) on the NUHS website.

LEAH GUSCHING



NANCY LIU



DANIEL NYMAN



ELIN MAWUNTU



What are the Traits of a Successful ND?



PASSION FOR HELPING OTHERS

NDs spend more time with their patients than MDs in order to get at the root cause of health problems. This requires you to have a genuine interest in and compassion for others.



APTITUDE FOR SCIENCE

A curious mind and an interest in problem-solving will help you succeed in a naturopathic medical school program. It will also give you the diagnostic skills you need to serve your patients well.



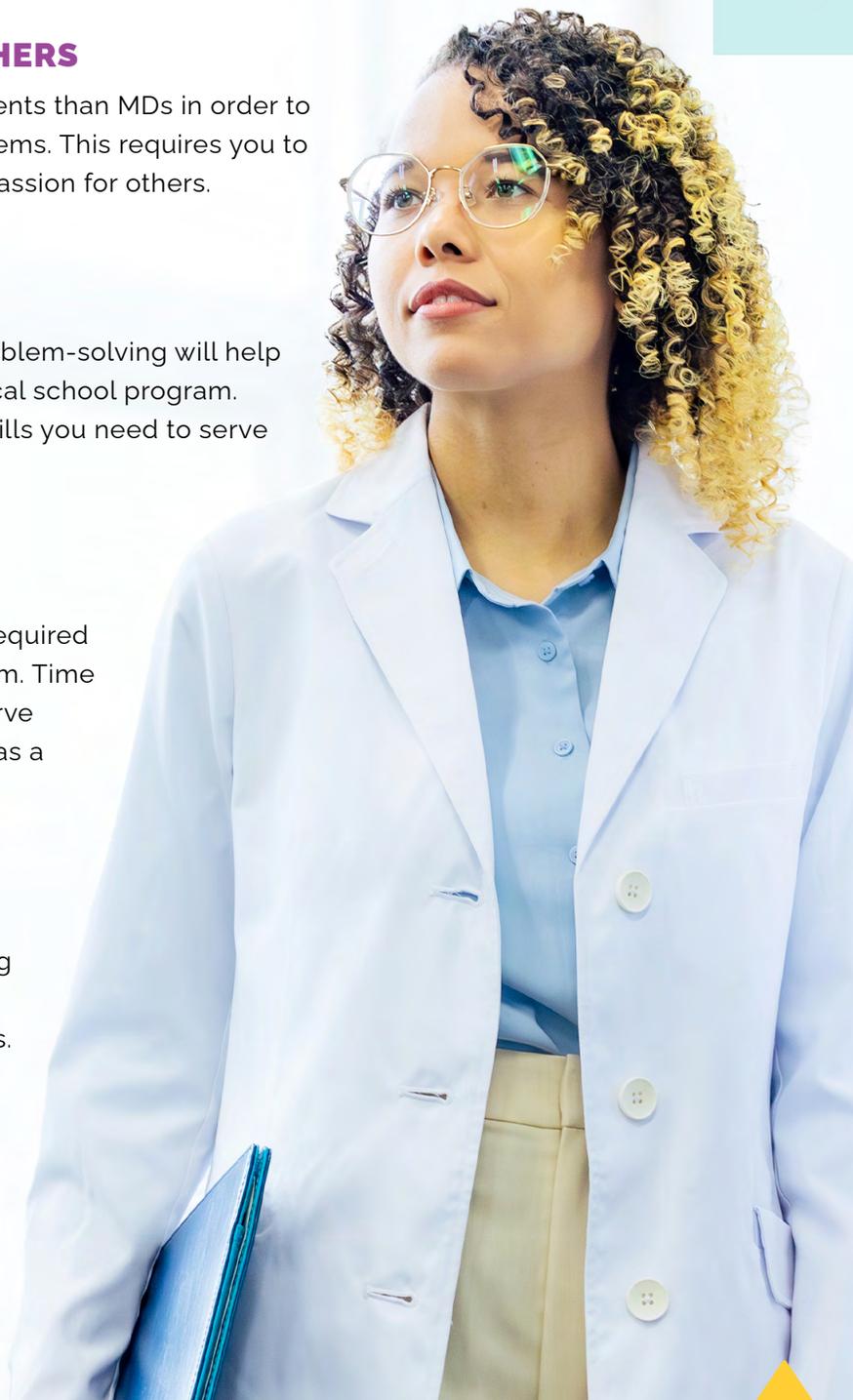
EXCELLENT WORK ETHIC

You must be willing to do the work required for a rigorous medical school program. Time management and study skills will serve you well as an ND student and later as a naturopathic physician.



ENTREPRENEURIAL SPIRIT

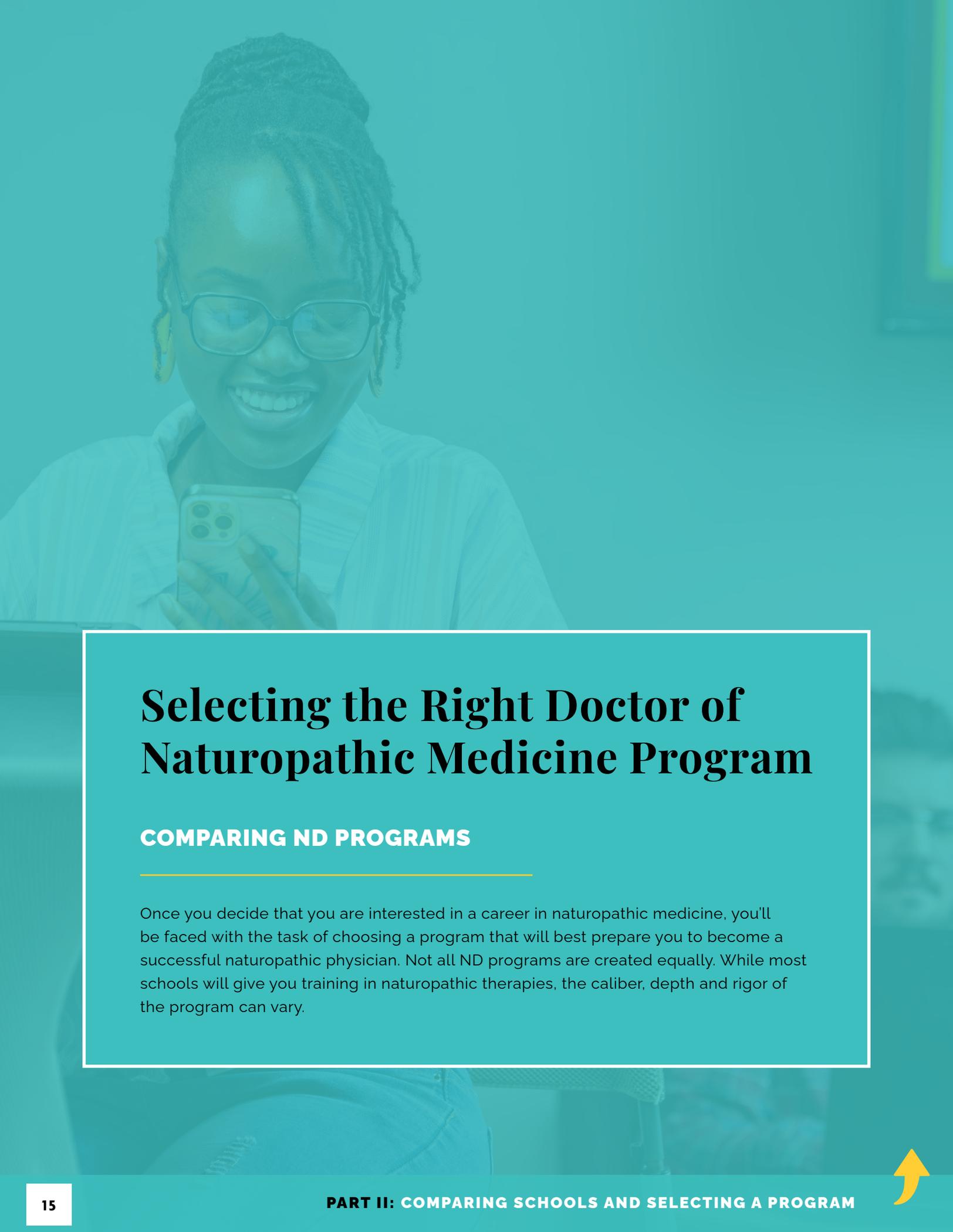
Entrepreneurial spirit is strong among NDs, with 62% having some form of ownership in one or more businesses.





PART II:

COMPARING SCHOOLS AND SELECTING A PROGRAM



Selecting the Right Doctor of Naturopathic Medicine Program

COMPARING ND PROGRAMS

Once you decide that you are interested in a career in naturopathic medicine, you'll be faced with the task of choosing a program that will best prepare you to become a successful naturopathic physician. Not all ND programs are created equally. While most schools will give you training in naturopathic therapies, the caliber, depth and rigor of the program can vary.



Questions to Ask Before Making Your Decision

Selecting a school for your Doctor of Naturopathic Medicine program can be challenging. You should start by asking important questions like the ones listed below:

Q Does the school focus on integrative medicine and collaborative learning?

As more Americans seek natural and non-invasive treatments, more and more hospitals and specialty clinics now include integrative medicine programs that offer complementary and alternative medicine treatments (CAM). Look for a school that gives you experience in integrative medicine. This means a program where NDs train to work in cooperation with other health professionals, such as DCs, DOs, MDs and other health care practitioners.

WHAT WE OFFER

National University offers a campus dedicated to integrative medicine and collaborative learning. You'll study and work side-by-side with students and faculty from the chiropractic medicine, and acupuncture and herbal medicine programs. In addition, hands-on NUHS clinic rotations offer students exposure to a wider variety of patients and conditions than most ND students are eligible to experience. This prepares you to understand and speak with a wider range of medical professionals when you graduate. Most of all, you'll be able to provide better advice and care for your future patients.

NUHS students also have a rare opportunity to earn **MULTIPLE DEGREES** saving both time and money in the process. By also earning a chiropractic or acupuncture degree, ND graduates can combine their education and training to provide a multitude of benefits to their patients. This option is especially important if you want to practice in a state that is still working on ND licensure.



Q Is the school dedicated to a naturopathic medicine philosophy?

Look for a school that not only teaches naturopathic principles and therapies, but is also dedicated to a curriculum grounded in the traditional naturopathic philosophy of treating the whole person. In other words, select a program that teaches students to find the root causes of disease, not just treat symptoms with naturopathic modalities.

WHAT WE OFFER

National University trains students to focus on treating the individual rather than the disease, and to look for underlying imbalances to determine naturopathic treatment modalities best suited for the patient. We encourage students to apply naturopathic principles in action and equip our students with models for case analysis and treatment by taking them further into naturopathic clinical theory. This comprehensive approach prepares our graduates to be exceptional diagnosticians and physicians.





Q

Which schools provide comprehensive medical education and training?

Look for a school that has a rigorous, broad-scope medical curriculum with a strong foundation in:

BASIC SCIENCES:

Your curriculum in the first two years should include a strong emphasis on basic sciences such as anatomy, microbiology, physiology and more. When you attend an accredited school, your basic science coursework will be the same as that of a typical MD, DC or DO student.

CLINICAL SCIENCES:

Students learn important skills in diagnosing patient conditions, performing physical exams and determining the correct naturopathic treatments in clinical science classes.

CLINICAL INTERNSHIP:

You should expect to spend a full year treating actual patients under the supervision of clinical faculty.

WHAT WE OFFER

National University prepares you to become a primary care physician with a rigorous, broad-scope curriculum, focused on patient-centered care. You'll learn to diagnose and treat patients based on a thorough evaluation of their unique health history and profile.

Our **basic science** coursework provides a solid foundation in biomedical sciences. In addition to coursework, students learn anatomy and physiology through hands on, full-cadaver dissection in our gross anatomy laboratory.

In the **clinical science classes**, beginning early in the curriculum, students start applying the basic science knowledge to the understanding of the root causes of disease and symptoms. They start practicing hands-on examination and patient treatment skills. In addition, they learn about nutrition, physical rehabilitation, doctor and patient relationships and business management.

The final, **clinical internship** phase provides ND students real-life experiences with patients. At the on-campus whole health center, students are exposed to a variety of patient conditions and work with clinicians to better understand diagnosis and treatment modalities, including hydrotherapy, homeopathy, botanicals and more. Students also learn how to keep medical records, and most importantly, gain the confidence and skills needed for success in their future career.

Q Is the naturopathic medicine program accredited?

Accreditation is a very important factor in considering a naturopathic medicine school because a student must graduate from a school accredited by the Council on Naturopathic Medical Education (CNME) in order to sit for the licensure exams necessary for practice.

WHAT WE OFFER

National University has both regional as well as programmatic (CNME) accreditation for its naturopathic medicine program. This means when you graduate from NUHS, you will be qualified to take the NPLEX examinations required for licensure. NUHS is also a member of the Association of Accredited Naturopathic Medical Colleges (AANMC) which was established to propel and foster the naturopathic medical profession.





Q

Which school offers the most beneficial opportunities for clinical training?

GEOGRAPHY:

Look for a school located in a thriving health care job market which results in greater employment opportunities after graduation. This means hospitals, clinics, veterans' facilities, science and health industries nearby as well as convenient public transportation (airports, trains, buses).

CLINIC OPPORTUNITIES:

Consider the clinical phase of the program. You should spend a full year treating actual patients under the supervision of clinical faculty, learning how to keep and read medical records, and gain the confidence and skills to succeed when you start your own practice.

WHAT WE OFFER

National University offers its ND program in suburban Chicago, just 30 minutes from the city by train. You have a broad range of options from internships in our university clinic to rotations in hospitals, or community health clinics. During the final clinical internship phase, ND students gain a wealth of clinical experience, including:

- ▶ **COLLABORATIVE WORKING EXPERIENCE:**
ND students work collaboratively with other health care interns and practitioners, including with an MD in our on-campus integrative clinic.
- ▶ **HOMEOPATHIC ROTATION:**
Students can choose a specialty rotation in homeopathic medicine working under the supervision of The Center for Integral Health, based in Lombard.

▶ **RESIDENCIES:**

After completing the one-year internship, ND graduates are eligible for various post-graduate CNME-approved residencies. These nationwide residency programs allow students to work in hospitals or private practices to deepen their clinical experience, better understand practice management, focus on research or pursue a medical specialty.

Q Which school invests in providing campus facilities to help students thrive?

It is important to choose a school that invests in the success of their students and prepares them to confidently enter the health care industry.

WHAT WE OFFER

National University prides itself on providing a campus that helps students excel. Our **FACILITIES** include:

- ▶ A top of the line **GROSS ANATOMY LAB** where ND students learn human anatomy through full-cadaver dissection.
- ▶ A life-size 3-D interactive **ANATOMAGE TABLE** offers students, faculty and clinicians access to an advanced digital visualization system to augment anatomy education.
- ▶ A **BIOCHEMISTRY LAB** where students learn basic sciences using the latest equipment and technology.
- ▶ A large and well-stocked **HERBAL DISPENSARY** where students learn how to correctly choose and prepare botanical medicines, homeopathic remedies, physician-grade vitamins, whole food supplements, probiotics and more.





- ▶ A **BOTANICAL GARDEN** where students themselves plan and care for a variety of herbs and plants in order to better understand their medicinal and therapeutic properties.
- ▶ An on-campus **WHOLE HEALTH CENTER** clinic provides students the opportunity to work collaboratively with other health care students and practitioners in this integrative setting.
- ▶ A state-of-the-art **HYDROTHERAPY SUITE** where students treat patients using the therapeutic benefits of water.
- ▶ A **TRAINING AND ASSESSMENT CENTER (TAC)** where, through the use of the standardized patient program and digital recording technology, students are able to learn, practice and be assessed on their diagnosis and patient interaction skills.
- ▶ The **JAMES F. WINTERSTEIN LIBRARY**, one of the largest medical libraries in the area, that houses a huge collection of books, print and electronic journals, ebooks, bibliographic databases and more.

Q

Which school supports your success?

TUTORING AND ACADEMIC SUPPORT:

Determine if the professors teach classes directly or use assistants. Ask if the school offers free peer tutoring (where senior students provide help in specific topics).

BUSINESS CLASSES:

Discover what business classes are included in the curriculum. When you graduate, you'll most likely be starting your own business and you'll also need to understand insurance, billing, marketing and business management procedures. Be sure the school you select offers classes that give you these skills.

ADDITIONAL EDUCATION:

Does the institution offer an opportunity to enroll in dual-degrees or multiple programs so that you can earn more credentials with less time and money?

STRONG ALUMNI NETWORK:

Look for a school where alumni are involved, communicate with each other and current students, and where you can reach out to them for mentoring and career support.

WHAT WE OFFER

National University offers an array of **STUDENT SUPPORT** services that contribute to a successful educational experience. These include academic advising, peer tutoring, flexible tracks, various student clubs and more. Business classes designed to help you build, market and manage your practice are included in the curriculum. NUHS students have an opportunity to earn **ADDITIONAL DEGREES** that complement an ND degree. Finally, National University has an engaged alumni network that makes itself available to provide current and prospective students with career support, mentoring, shadow experiences and more.





National University's graduates are working in a **diverse range of health care venues** including private practice, partnering in integrative clinics, providing home consultations and more!

From Our Graduates



JOEL KIESELKA, ND '19, DC '20

“The NUHS faculty really is amazing! They’ve been in practice for a while. They’ve done private practice. They’ve done clinical. They’ve maybe lived in other states or in Canada, and they’ve had that full scope of practice to be able to speak to those (your) questions. But I also like how NUHS is close to Chicago, a major city. That gives availability and accessibility, especially post-graduation. There were a lot of options for me after graduation.”



RUBY SAKYI ADDO, ND '20

“The journey through the sciences was not easy, but you can do it. With the support from family, classmates, and NUHS staff, it is possible...Know who you are, find your strength and do not quit..Do not let anyone, or unfortunate situations, discourage you; I attended NUHS at age 50, you can do it too!”



SIMONA CIOBANU, ND '10

“At National University, we’re not just learning how to treat a disease or a symptom, we are looking for ways to restore health and to help the body heal itself. Lifestyle changes, nutritional counseling, getting to the root and cause of the problem and treating it with natural methods is what naturopathy is all about.”





PART III:

NAVIGATING THE ADMISSION PROCESS



Next Step: Understanding Admission Requirements

GPA AND DEGREE REQUIREMENTS

- ▶ **3.0 MINIMUM CUMULATIVE GPA** (students with a GPA lower than 3.0 may be admitted under special circumstances)
- ▶ **A BACCALAUREATE DEGREE FROM A REGIONALLY ACCREDITED INSTITUTION**
- ▶ **COMPLETION OF 24 CREDITS OF LIFE AND PHYSICAL SCIENCE COURSEWORK** that include both lecture and laboratory components in Biology, Physics, General and Organic Chemistry
- ▶ **ADDITIONAL COURSEWORK** in Anatomy (human or comparative) and Biochemistry are recommended, but not required for admission





TIPS ON ADMISSION

WHAT ELSE WILL BE REQUIRED?

Most naturopathic schools will require the following documents:

- ▶ Application for admission
- ▶ Application fee and deposit
- ▶ Essay question responses
- ▶ Character references
- ▶ Undergraduate transcripts
- ▶ Completion of an interview

NOTE: Most naturopathic schools will not require the following: Standardized tests (e.g. MCAT, GRE)

WHAT UNDERGRADUATE DEGREE IS REQUIRED?

A science major such as biology or chemistry is the best preparation, since naturopathic schools require you to have completed a certain amount of science credits, including laboratory sciences. However, you don't need to worry if you don't have a science major. You can complete the necessary science prerequisites before admission.

In fact, National University offers a wide selection of undergraduate science courses right on campus in our **PREREQUISITE PROGRAM**. So, you can begin at NUHS in that program if you need to complete missing science coursework.

WHEN SHOULD I APPLY?

Most naturopathic medicine schools have a rolling admissions calendar, meaning they accept applications year-round. At National University, new classes start September, January and May of each year! You'll want to start the application process 6 months to a year before you intend to start your ND program. This will allow ample time for all admission requirements to be completed, and ensure that there are still spots left in the program.

APPLY EARLY!

WHAT IF I DON'T HAVE ALL THE PREREQUISITE COURSES OR REQUIREMENTS?

Even if you think you don't have everything needed to apply to a naturopathic school, call an admissions counselor to consider your options. They may be able to help!

Students without all the required prerequisite science courses may be able to complete them through the school's prerequisite program right on campus. You also may qualify for an Alternative Admissions Track Plan if your GPA isn't quite 3.0. This track allows you to work closely with an academic advisor to ensure you can succeed in a rigorous program.

NUHS also provides a quick summary of the [ADMISSION ESSENTIALS](#) on its website.



WHAT WILL MAKE ME A MORE COMPETITIVE APPLICANT?

You can make yourself more attractive to admissions officials at naturopathic schools by doing well in science course prerequisites and showing your interest and commitment to the field. You can demonstrate this by having a "shadow experience" – spending time in a naturopathic physician's office in order to understand if this is the right career for you. National University offers "shadow experiences" before or after you apply with a network of practicing graduates.

It is also important to select undergraduate classes that will make you more prepared when you begin your advanced degree. Review our [SUGGESTED COURSE OUTLINES](#) to understand the courses you should be taking at your undergraduate institution that will satisfy our prerequisite requirements.

HOW IMPORTANT IS VISITING THE CAMPUS?

When you enroll in a naturopathic medicine program, you're making a commitment to spend multiple years completing a rigorous medical program. It's important that you visit the school to see the facilities, meet the instructors and understand the location and feel of the campus. That's why NUHS offers you [MULTIPLE VISIT EXPERIENCES](#) – you can select from a variety of virtual or on-campus visit events. Please contact the Office of Admissions to confirm current visit event offerings. We have you covered.

FINANCIAL OPTIONS

Like any professional medical degree, training to be a naturopathic physician is a big investment. Normally, ND students rely on some type of financial aid in the form of scholarships or loans. For an ND degree, students normally qualify for both federal direct and private loans. Many schools offer a variety of institutional scholarships, so be sure to ask. The NUHS website includes a breakdown of [COST ESTIMATES](#) for its Doctor of Naturopathic Medicine degree program.

Not sure where to begin or what to do next? Read more about the financial aid process on the NUHS web site. Regarding the types of aid you may receive for your education plan, research the available loan programs, scholarships and federal work-study programs.

FINANCIAL AID

Financing your education at National University may be easier than you think. **Most of our students qualify for student loans and assistance.**



Why Should You Choose the ND Program at NUHS?

UNCOMPROMISING RIGOR – WHY NATIONAL UNIVERSITY?

WATCH VIDEO



NATIONAL UNIVERSITY OF HEALTH SCIENCES

YOUR NEXT STEP TO SUCCESS! National University of Health Sciences offers the doctor of naturopathic medicine degree, and is a great place to start your comparison of schools. Here's why:



OUR DEDICATION TO INTEGRATIVE MEDICINE

National University prepares you for the future of health care with a campus dedicated to integrative medicine. In fact, you'll study and work side-by-side with students and faculty from our chiropractic medicine, and acupuncture and herbal medicine programs. As a result, you will be better prepared to work and thrive in today's integrated health care market.



OUR ACADEMIC SUPERIORITY

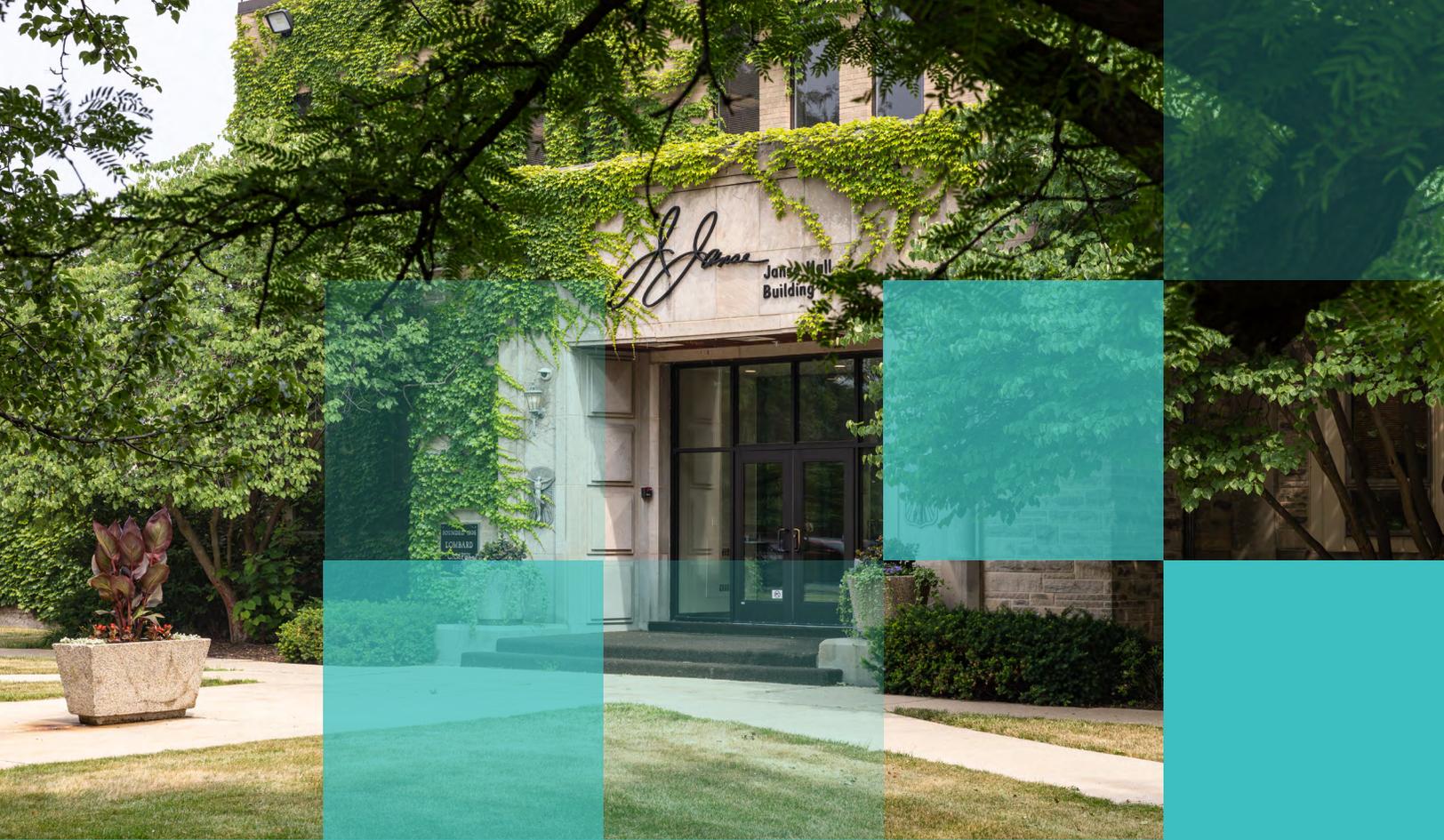
National University's academic programs are rigorous, uncompromising and built on a solid foundation in the basic sciences. We maintain high admission standards for our students. As a result, the student body at National University is of a higher academic caliber. NUHS graduates often become leaders in their professions and credit National University for their confidence and success.



OUR HISTORY OF LEADERSHIP

FOUNDED IN 1906, National University has more than 115 years of experience in graduating leaders in complementary and alternative medicine (CAM). A driving force for moving natural health care into mainstream medicine, we began offering an advanced degree in Naturopathic Medicine in 2006, and continue to work with the **ILLINOIS ASSOCIATION OF NATUROPATHIC PHYSICIANS (ILANP)** and **AMERICAN ASSOCIATION OF NATUROPATHIC PHYSICIANS (AANP)** to support efforts toward ND licensure in Illinois and throughout the United States.





We hope that this guide was helpful as you decide to pursue a Doctor of Naturopathic Medicine degree. Please do not hesitate to reach out to us if you have any questions about our programs or the NUHS student experience.

**CALL THE OFFICE OF ADMISSIONS AT
1-800-826-6285 OR EMAIL US AT ADMISSIONS@NUHS.EDU.**

