

CHIROPRACTIC VS. MEDICAL CARE FOR NECK PAIN

[Principal Investigators: Ram Gudavalli Ph.D. (Palmer); Co-Investigator/NUHS Project Manager: Jerrilyn Cambron, D.C., M.P.H., Ph.D.]

While HRSA II compared flexion distraction therapy to physical therapy for the relief of chronic low back pain, this project is concerned with the effectiveness of flexion-distraction for the relief of chronic neck pain. Study participants were randomly assigned to either (i.) the flexion distraction group, (ii.) the physical therapy group, or (iii.) a combination group of flexion distraction and physical therapy. Patients completed a therapeutic regimen which lasted six weeks and were then followed for twelve months. This study is a collaborative effort of Palmer Center for Chiropractic Research, National University of Health Sciences, Loyola University Stritch School of Medicine, Edward Hines VA Hospital, Orthosport Physical Therapy Clinics, and Auburn University. A manuscript has been submitted for this project.

Funding: Dept. of Health and Human Services Chiropractic Demonstration Project under the Health Resources and Services Administration (HRSA) GRANT NO. 1 R18 HP 10011-01.