

## **MESSAGE THERAPIST WORK-RELATED MUSCULOSKELETAL DISORDERS (WRMSKDS).**

Principal Investigator: Dana Madigan, D.C., MPH

The purpose of this longitudinal survey study is to assess the knowledge of self-care and body mechanics for massage-related injury prevention, the implementation of self-care practices, the prevalence of signs and symptoms of musculoskeletal pain of massage therapists, and if injuries are severe enough to warrant medical care. This will provide preliminary measures of prevalence and severity of work-related musculoskeletal signs, symptoms, and disorders. Additionally, examining these components on a continuum will help identify where to focus future interventions to support the health and career longevity of massage therapists.

Funding: Massage Therapy Foundation