

DC:

Nursing Education in Video:

Body Mechanics: The Science of Moving Safely

In the course of an average day, healthcare providers are required to stand or sit for long periods of time and lift heavy cumbersome weight, often in awkward positions or in confined spaces. The risk of injury to yourself can be greatly reduced simply by using the proper body mechanics for any given task. Body mechanics is the science of working safely.

Range of Motion Exercises

When individuals are immobilized for prolonged periods of time an essential part of the recovery process includes maintaining the full range of joint motion.

Range of Motion Exercises: Theory and Practices

Maintaining a full range of joint motion for individuals who are immobilized for prolonged periods of time is an essential part of any recovery process.

Sports Medicine and Exercise Science:

Addressing the Role of Regional Interdependence in the Assessment and Treatment of Cervico-Thoracic Disorders

Concept of regional interdependence and how it plays a role in dealing with cervico-thoracic disorders. We're going to look at the roll that the shoulder may play in this area and some of the other related regions including thoracic spine.

Advanced Corrective Exercise

TOPICS TO BE COVERED ·Common Problems ·Fundamentals of Corrective Exercises
·Advanced Problems ·Functional Anatomy ·Advanced Exercises. COMMON PROBLEMS
Overly pronated foot – lack of dorsiflexion – medial knee –anterior pelvic tilt – excessive lumbar lordosis – excessive thoracic kyphosis – forward head.

Advanced Education Seminar: Food for Thought & Workshop on Therapeutic Modalities, Disc 1

Advanced Education Seminar: Food for Thought & Workshop on Therapeutic Modalities, Disc 2

Advanced Kettlebell Drills

Advances in Spine Rehabilitation: Integrating Biomechanical and Motor Control Approaches

The purpose of the learning lab is to provide an update on recent advances in our understanding of the biomechanical and motor control aspects, of interventions of patients with low back pain.

Assessing and Correcting Deviations of the Feet

Assessing the foot and ankle: Common Postural Deviations of the Foot and Ankle: Over pronation Lack of dorsal flexion

Assessing Movement: What Do You See? What Do You Do About It?

Authentic Cardio Boxing

Back in Action: Contributing Factors and Corrective Exercises for Low-Back Pain

Back pain and injury impairs the function of your core muscles and therefore the function of your entire body. We will discuss how this occurs and learn exercises to realign, lengthen and strengthen the muscles that contribute to a healthy back.

Balance Assessments for Identifying Ankle Instability

OBJECTIVES. Balance deficits with ankle instability. Sensorimotor system and balance, - Contributions to postural control. -Balance strategies. Clinical Balance Assessments, -Tests to identify deficits, Outline administration. Force Plate Assessments, -Clinical applications, -Outcome measures.

Barefoot Core Workout

Today we are going to do a workout called the barefoot core workout. It's a full body routine that you can do without any equipment at all. It focuses on the core and by that I mean we're just going to ask you to do movements with your arms and your legs in different positions so that your core gets a little bit more challenge as you do these exercises.

Belly Dancing for Baby Boomers

So why don't you take this opportunity to learn belly dancing and get great exercise and I promise you, you're going to have a lot of fun doing it. So what I've designed for you is a program of abdominal exercises that will help you strengthen and tone the abdominal region.

B.I.T.S. and Pieces (Step Ball Interval Training)

Body-Weight Boot Camp

[**Bridging the Gap Between Rehabilitation and Performance: Linear Movement**](#)

[**Bridging the Gap Between Rehabilitation and Performance: Multidirectional Movement**](#)

[**Buddy Up! 2009: Partner Training for Results**](#)

[**California Yoga Groove**](#)

[**Can Kettlebells Make You Smarter?**](#)

[**Cardiac Rehabilitation in Modern Cardiology: The Underutilization Paradox?**](#)

[**Cardioprotective Benefits of Vigorous Physical Activity: The Risk Benefit Issue**](#)

[**Casting & Splinting: Common Sports Injuries**](#)

[**Cervical Spine, Thoracic Spine, and Shoulder**](#)

[**Clinical and Biomechanical Assessment of Walking Gait**](#)

[**Clinical Evaluation of Static and Dynamic Malalignments: Techniques for Assessment Interventions**](#)

[**Clinical Exercise Physiology: A Pharmacological Update**](#)

[**Clinical Exercise Physiology—Understanding the Basics**](#)

[**A Close Look at ACSM Strength Training Guidelines**](#)

[**Combating the Obesity Epidemic: Treatment Options**](#)

[**Complementary Alternative Medicine in Practice: Using Evidence-Based Yoga to Evaluate the Athlete**](#)

[**A Comprehensive Approach to Student-Athlete Training and Development**](#)

[**Conducting the YMCA Fitness Testing & Assessment Protocol**](#)

[**Core Control: One Side at a Time**](#)

[**Core Gymnastics**](#)

[**Core Integrity: Relative to What**](#)

[**Core/Spinal Stabilization Training**](#)

[**Core Stability and Strengthening: Facts and Myths**](#)

[**Core Strength and Stabilization for Athletes**](#)

Core Strength Assessment in Runners

Corrective Exercise Design: Eliminating the Guesswork, Disc 1

Corrective Exercise Design: Eliminating the Guesswork, Disc 2

The Critical Power Concept: Implications for the Determination of V02 Max and Exercise Tolerance

Explore the mechanistic bases for both the critical power and W Prime parameters and Explore the practical applications of this concept in exercise physiology and sports medicine.

Current Concepts in Post-Op Care: Lumbar Spine

Cut to the Core

Dehydration, Heat Injuries, and Sports Drinks

Developing Lateral Speed and Agility

Developing Linear Speed and Acceleration

Dietary Glycemic Index and Glycemic Load in Health and Exercise

Dieting Gone Awry: How to Help Clients with Eating Disorders and Disordered Eating

Differential Diagnoses of the Wrist and Hand

Differential Diagnosis of Elbow Injuries

Dilemmas for the Team Physician: "What Would You Do...?"

Done in 30 Minutes!

The Dose-Response Issue in Exercise Prescription

Drills and Exercises to Improve Coordination

Dumbbell Training for Improved Athletic Performance

Dynamic Flexibility Training for Athletes

East-West Breathing: Back Breathing and the Deep Stabilizing System

Eating Your Way to Health and Weight Loss: Losing Weight the Right Way

Efficacy, Safety, and Mechanisms of Blood Flow-Restricted Exercise

Efficiency: The Next Secret in Sports Training

[Elbow, Forearm, Wrist, and Hand](#)

[Electrotherapy for Pain Relief](#)

[Ergogenic Aids: The Top 15 Ergogenic Aids](#)

An ergogenic aid is something that promotes or enhances work.

[An Evidence-Based Approach to the Athlete With Hip Pain](#)

[Examination and Injection of the Knee](#)

[Examination of the Foot and Ankle](#)

[Examination of the Hand and Wrist](#)

[Examination of the Knee](#)

[Examining and Predicting Lower-Extremity Overuse Injuries with Computerized, Video Gait Analysis](#)

[Executing a Collaborative Prospective Risk-Factor Study of ACL Injuries: Findings, Successes, and Challenges](#)

[Exercise Adherence](#)

[Exercise and Aging](#)

[Exercise and Brain Function](#)

[Exercise and Weight Control: Myths and Misconceptions](#)

[Exercise and Weight Loss: A Look at the Scientific Research](#)

[Exercise as an Antidote for Obesity: Considerations Regarding Fitness and Mortality](#)

[Exercise for Falls Prevention: Assessment and Implementation](#)

[Exercise from the Standpoint of Evolutionary Medicine](#)

[Exercise Heart Rate Response and Recovery – Simple But Important Clinical Measures](#)

[Exercise Testing and Exercise Prescription for the Elderly](#)

[Exercise Testing and Program Design: A Fitness Professional's Guide](#)

[Exercise Training Effects on Skeletal Muscle Blood Flow](#)

[Exercise, Why Does It Work?](#)

[**Exertional Compartment Syndrome—Current Research, Controversies, and Future Direction**](#)

[**Fall Prevention Training: Improving Balance, Posture, and Gait With Kettlebells**](#)

[**Fantastic Functional Mat**](#)

[**Fascia: The Rising Star in Human Movement**](#)

[**Fatigue Mechanisms Determining Exercise Performance**](#)

[**Fit and Stressed: A Survival Guide**](#)

[**Fitness or Fatness: Which Is More Important For Health?**](#)

[**Fitness—Just for the Health of It**](#)

[**Fix the Part—Mend the Whole**](#)

If we can do some specific exercises that address the path, we can affect the whole, if we know exactly what to do and why we're doing it.

[**Focus On Focus: Nutritional Factors Affecting Cognition During Physical Stress**](#)

[**From Perception to Reality: An Integrated Approach to Bodyweight Training**](#)

[**Fueling Endurance Athletes**](#)

[**Functional Anatomy—Myofascial Slings**](#)

[**Functional Core Training for Life**](#)

[**Functional Evaluation of the Hip and Pelvis**](#)

[**Functional Performance Testing: A Patient-Oriented Approach**](#)

[**Functional Pushing and Pressing Exercises**](#)

[**Fundamentals of Core Training**](#)

[**Gait and Postural Stability: Theory and Clinical Application**](#)

[**The "Games-as-Aerobics" Approach to Physical Activity**](#)

[**General Principles of Exercise Prescription**](#)

[**Get on the Small Ball**](#)

We're going to use the ball to work on muscle endurance and strength for the lower body, the upper body, the core.

[**Heavy Breathing—The Science and Practice of Respiration During Resistance Training**](#)

[**Helping Clients With Shoulder Pain**](#)

[**Hip and Pelvis Examination**](#)

[**Hip Injuries: Evaluation and Treatment**](#)

[**How to Get Quality Results with Submaximal Cycle Ergometer Fitness Tests**](#)

[**Ice or Ambulance? Controversies in Sideline Management**](#)

[**Identifying and Screening Lower-Quadrant Muscle Imbalances**](#)

[**Identifying and Screening Upper-Quadrant Muscle Imbalances**](#)

[**If Exercise Has Medicinal Properties, Is Overdosing Possible?**](#)

[**Improving the Effectiveness of Your Resistance Training Program**](#)

[**Injury Care at Your Fingertips: Upper-Extremity Techniques**](#)

[**Injury Prediction and Prevention: Lessons Learned in the U.S. Military**](#)

[**Injury Prevention and Performance Enhancement: The Science of Warm-up**](#)

[**Injury Prevention in Youth Sports: Sound Science vs. Sound Judgment**](#)

[**The Inner Unit**](#)

The philosophy of the palates method is that it provides an optimal environment for a movement technique that promotes the unity of mind, body, and body, and leads to an internal physical transformation.

[**Integrated Back Rehabilitation—Regression to Progression**](#)

[**Integrated Systems Determinants of Exercise Intolerance**](#)

[**Interactions of the Most Commonly Prescribed Drugs in Orthopedics and Sports Medicine**](#)

[**Into Thin Air: Optimizing Exercise Performance At High Altitude**](#)

[**Introduction to Function First Corrective Exercise and Program Design**](#)

[**Introduction to Kettlebell Training for Fitness Professionals**](#)

[**It's Not a Simple Ankle Injury: The Long-Term Consequences of a Lateral Ankle-Sprain**](#)

[**JAMS: Joint Alignment and Muscle Sequencing**](#)

[**KBell Kombo**](#)

[**Kettle Core**](#)

[**Kettlebell and Medicine Ball Complex Training**](#)

[**Kettlebell Complex Training**](#)

[**Kettlebell Group X Training**](#)

[**Kettlebell Special Ops**](#)

[**Kettlebell Total Body Blast**](#)

[**Kettlebell Ultimate Body Detonation**](#)

[**Kettlebells for Pre-/Post-Natal Clientele**](#)

[**Knee Evidence-Based Forum: Can We Prevent ACL Injury and Patellofemoral Pain Syndrome With a Single Intervention?**](#)

[**Knee, Leg, Ankle, and Foot**](#)

[**Knot So Stressed**](#)

We are going to focusing on stress and typically how our society focuses on either psychological or emotional stress or physical stress and usually it's mainly the psychological or the emotional side.

[**Lactate Threshold: Best O2 Bang for Your Buck**](#)

[**Lifestyle Medicine: Tools for Promoting Healthy Change, A Focus on Coaching, Disc 1**](#)

[**Lifestyle Medicine: Tools for Promoting Healthy Change, A Focus on Coaching, Disc 2**](#)

[**Lower-Body Water Exercise Progressions**](#)

[**Lower-Extremity Osteoarthritis—Assessment & Treatment Options**](#)

[**Lower-Extremity Rehabilitation: Training Around the Injury**](#)

[**Lumbar Spine, Hip, and Pelvis**](#)

[**Lymphatic Facilitation for Upper-Extremity Injuries**](#)

[**Making Sense of the Sports-Food Scene**](#)

[**Management of the Acute Anterior Shoulder Dislocation: On and Off the Field**](#)

[Managing Musculoskeletal Inflammation: Current Understanding and Evidence-Based Practice](#)

[Managing Sports-Related Concussion in Youth and Adolescent Athletes](#)

[Managing Youth Sports Concussions: Education Versus Legislation—Washington State Passes a New Law](#)

[Manual Therapy Techniques: Theories Underlying the Techniques and the Evidence to Support](#)

[Marathon Medicine: Reducing Adverse Outcomes](#)

[Measuring Physical Activity in Youth](#)

[Mechanical Interactions of Snow, Skis, Skier](#)

[The Medicinal Effects of Exercise](#)

[Medicine Ball Training](#)

[The MET: Brief History, Current Uses and Concerns](#)

[Metabolic Training](#)

[Motivating Kids & Young Adults to Exercise](#)

[The Movement Triad](#)

[Movements, Not Muscles: A Multi-Planar Approach to Training](#)

[Muscle-TECH: Elastic Resistance](#)

[Muscles and Movement in 3-D](#)

[Myofascial Matrix](#)

[The Never-Ending Looking Glass of Movement](#)

[A Non-Shoulder Approach to the Shoulder Exam](#)

[Nutrition for Optimal Performance](#)

[Office Assessment of Core Strength in Runners](#)

[Partner Medicine-Ball Training](#)

[Permission to Eat for Energy](#)

[Perspectives on Correct Approaches to Conditioning Athletes](#)

[Physical Activity and Mental Health](#)

[The Physical, Physiological, and Psychosocial Evolution of Underrepresented Populations in the Sport and Fitness Movement](#)

[The Pitching Athlete: Assessment of Mechanics, Injury Prevention, and Rehabilitation](#)

[Plyometrics for the Strength-Power Athlete](#)

[Postural Relationships to Athletic Injuries: Pilates as Prevention](#)

[Powering Performance: Lessons from Sports Drink Science](#)

[A Practical Approach to the Throwing Athlete “Beyond the Shoulder”](#)

[Pre-Exercise Screening for Health/Fitness Facilities](#)

[Predictors of Exercise Compliance: Strategies to Improve Adherence to Exercise Programs](#)

[Preventing and Managing Common Running Injuries](#)

[Proper Technique in Administering a Stress Test](#)

[Pumping Nothing](#)

Exercise regime

[Resist-A-Ball® Boot Camp](#)

[Resistance Training: Benefits, Rationale, Safety, and Prescription](#)

[Sandbag Drills: Understanding the Basics](#)

[The Science and Practice of Body-Composition Assessment](#)

[The Science and Practice of Designing Exercise Programs for the Overweight and Obese Client](#)

[The Scientific and Practical Aspects of Exercise Metabolism](#)

[Secondary School Athletic Training: Building on Success](#)

[Sex Differences in Human Thermoregulation: Implications for Athletes, Researchers, and Clinicians](#)

[Simplifying the Low Back Evaluation With a Classification System](#)

[The Slow Component of VO₂ Kinetics: Mechanistic Bases and Practical Applications](#)

[Small Ball Group Exercise Workout](#)

[Solutions for Improved Lumbo-Pelvic-Hip Function](#)

[S.O.S. \(Seniors on Strength\)](#)

[S.O.S. \(Seniors On Strength\)...The Sequel](#)

[Specificity of Training in the Water](#)

[The Sport Psychologist's Role at the Olympic Games: Mental Challenges for the Olympian](#)

[Sport Psychology and Return to Play: Does the Head Lag Behind the Knee? \(Or Vice Versa?\)](#)

[Sports Injury: Prevalence, Prevention, and Practice](#)

[A Sports Medicine Approach to Ergonomic Injuries](#)

[Sports Nutrition: Lessons from the Beijing Olympic Games](#)

Sports Stretch With Resist-A-Ball®

[Squatology](#)

S.T.E.P. (Smooth Transitions With Extensive Progressions)

[Step Thrills and Body Bar® Drills](#)

[Strength Training Without Weights: Vol. #1—Upper-Body Exercises](#)

[Strength Training Without Weights: Vol. #2—Lower-Body Exercises](#)

[Syndesmotic Ankle Sprains](#)

[Synergy Circuit](#)

[Take the Curl Out!](#)

The core consists of muscles that function in trunk movement or stability. These include the traditional trunk musculature, spinal extensors, flexors and rotators as well as the deep abdominal and back muscles. The Core also consists of the muscle that stabilize the hips and shoulders.

[Taking Back Control of Your Athletic Training Practice](#)

[Targeting the Hip: Strengthening the Hip for Patients With Patellofemoral Pain Syndrome](#)

[Teaching Olympic-Style Exercises](#)

[Thoracic Mobility: The Missing Link in Your Trunk Stability Program](#)

[Thoracic Spine Asymmetries: Assessment, Intervention, and Why It Is Important](#)

[To Stretch or Not to Stretch: The Role of Stretching in Injury Prevention and Performance](#)

[The Top 10 Corrective Exercises](#)

[Top Toning With Tubing](#)

[Total Body Fit—Tubing Challenge!](#)

[Trainer's Toolbox: Exercise Complexity](#)

[Training Issues and Solutions for Older Adults](#)

[Treatment of Acute Spondylolysis: Current Trends and Controversies](#)

[Triple Play: Aquatic Total-Body Conditioning](#)

[A Two-Way Street: Reciprocity for a Successful MES Program](#)

[Understanding Aerobic Programming Basics](#)

[Understanding and Promoting Youth Physical Activity](#)

[Unlocked & Unloaded—Multiplanar Movement](#)

[Upper-Body Water Exercise Progressions](#)

[U.S. Initiatives for Physical Activity: How Do We Put Them All Together?](#)

[Use It or Lose It: How We Get to Be Who We Are](#)

[The Use of Clinical Prediction Rules in the Treatment of Cervical, Thoracic, and Lumbar Spine: A Manual Therapy Approach, Disc 1](#)

[The Use of Clinical Prediction Rules in the Treatment of Cervical, Thoracic, and Lumbar Spine: A Manual Therapy Approach, Disc 2](#)

[Using Progressive Disclosure Problem-Based Learning in Athletic Training Education](#)

[Using Sports Science as a Coaching Tool](#)

[Variable Resistance](#)

[Water 4-1-1](#)

[Water Class Design](#)

[Weight Training With Non-Traditional Implements to Improve Athletic Performance](#)

[What Don't We Know About Exercise and Body Weight Regulation: A Trans-Disciplinary and Translational Perspective](#)

[What the Hips Lack...Hurts the Back](#)

[When a Regression Is Really a Progression](#)

[Whole Body Vibration: Shaking out the Evidence](#)

[You'll Poke Your Eye Out—Common Eye Injuries on the Field](#)

[Youth Strength Training: A Need, Not an Option](#)

[Zone in on Lower-Back Postrehabilitation-Synergy, Science, and Income!](#)

Rehabilitation Therapy in Video:

[Analyzing Functional Activities As A Basis for Treatment in Adult Hemiplegia: Part 1 & 2](#)

[Analyzing Functional Activities As A Basis for Treatment in Adult Hemiplegia: Part 3 & 4](#)

[Analyzing Functional Activities As A Basis for Treatment in Adult Hemiplegia: Part 5 & 6](#)

[Analyzing Functional Activities As A Basis for Treatment in Adult Hemiplegia: Part 7 & 8](#)

[Analyzing Functional Activities As A Basis for Treatment in Adult Hemiplegia: Part 9](#)

[Arthroplasties of the Upper Extremity: Bring on the New Joints, Part 1](#)

[Arthroplasties of the Upper Extremity: Bring on the New Joints, Part 2](#)

[Assessment of Hand Skills in the Primary Child Assessment of the Infant & Child with Congenital Torticollis: Causes, Palpation & Relevant Anatomy](#)

[Basic Myotherapy Techniques for Adult Pain Management part 1](#)

[Basic Myotherapy Techniques for Adult Pain Management part 2](#)

[Beyond Weight Bearing: Getting the Hands to Work More Efficiently: Part 1 & 2](#)

[Beyond Weight Bearing: Getting the Hands to Work More Efficiently: Part 11](#)

[Beyond Weight Bearing: Getting the Hands to Work More Efficiently: Part 3 & 4](#)

[Beyond Weight Bearing: Getting the Hands to Work More Efficiently: Part 5 & 6](#)

[Beyond Weight Bearing: Getting the Hands to Work More Efficiently: Part 7 & 8](#)

[Beyond Weight Bearing: Getting the Hands to Work More Efficiently: Part 9 & 10](#)

[Biomechanical and Sensory Strategies for Improving Motor Control in Children with Neuromotor Disorders: Part 1 & 2](#)

[Biomechanical and Sensory Strategies for Improving Motor Control in Children with Neuromotor Disorders: Part 11](#)

[Biomechanical and Sensory Strategies for Improving Motor Control in Children with Neuromotor Disorders: Part 3 & 4](#)

[Biomechanical and Sensory Strategies for Improving Motor Control in Children with Neuromotor Disorders: Part 5 & 6](#)

[Biomechanical and Sensory Strategies for Improving Motor Control in Children with Neuromotor Disorders: Part 7 & 8](#)

[Biomechanical and Sensory Strategies for Improving Motor Control in Children with Neuromotor Disorders: Part 9 & 10](#)

[Breast Cancer Rehabilitation: Traditional and Pilates Approach, Part 1](#)

[Breast Cancer Rehabilitation: Traditional and Pilates Approach, Part 2](#)

[Burns: Stop, Drop & Rehab](#)

[Carpal Tunnel: You Have Control](#)

[Cervical Exam: The Physicians Approach to Differential Diagnosis](#)

[Clinical Activities: Clinic, Bedside, Home - Part 1](#)

[Clinical Activities: Clinic, Bedside, Home - Part 2](#)

[Clinical Application of the Motokinesthetic Approach](#)

[Communication and Oral-Motor Function in Rett Syndrome](#)

[Comparison of Normal and Atypical Development](#)

[The Comprehensive Assessment Process: Part 1 & 2](#)

[The Comprehensive Assessment Process: Part 11 & 12](#)

[The Comprehensive Assessment Process: Part 13 & 14](#)

[The Comprehensive Assessment Process: Part 15 & 16](#)

[The Comprehensive Assessment Process: Part 17 & 18](#)

[The Comprehensive Assessment Process: Part 19 & 20](#)

[The Comprehensive Assessment Process: Part 3 & 4](#)

[The Comprehensive Assessment Process: Part 5 & 6](#)

[The Comprehensive Assessment Process: Part 7 & 8](#)

[The Comprehensive Assessment Process: Part 9 & 10](#)

[Concepts & Guidelines in Baby Treatment: Part 1 & 2](#)

[Concepts & Guidelines in Baby Treatment: Part 3 & 4](#)

[Concepts & Guidelines in Baby Treatment: Part 5](#)

[Concepts in Neuroanatomy in Learning, Memory and Recall: Part 1 & 2](#)

[Concepts in Neuroanatomy in Learning, Memory and Recall: Part 3 & 4](#)

[Concepts in Neuroanatomy in Learning, Memory and Recall: Part 5](#)

[Cumulative Trauma Disorders: An Evidenced-Based Approach, Part 1](#)

[Cumulative Trauma Disorders: An Evidenced-Based Approach, Part 2](#)

[Cumulative Trauma Disorders: An Evidenced-Based Approach, Part 3](#)

[Cumulative Trauma Disorders: An Evidenced-Based Approach, Part 4](#)

[Cumulative Trauma Disorders: An Evidenced-Based Approach, Part 5](#)

[Developmental Hand Program](#)

[The Diagnosis of Rett Syndrome](#)

[Edema Management: Here Today, Gone Tomorrow](#)

[Edit Video : Rib Cage Mobilization Strategies](#)

[The Elbow: Unlocking the Hinge to Function](#)

[Facilitating Anterior Chest Wall Expansion](#)

[Facilitating the Posterior Rib Cage and Elongating the Trunk and Intercostals](#)

**Facilitation Techniques for Improving Motor Control in Children with Neuromotor Disorders
Part 1: Movement Experience and Facilitation in Supine, Prone and Sitting**

**Facilitation Techniques for Improving Motor Control in Children with Neuromotor Disorders
Part 2: Facilitation in Quadruped, Standing, and Walking**

Focus on the Rib Cage: Atypical Development

**Focus on the Rib Cage for Improvement of Respiration, Phonation, Postural Control and
Movement in Children: Part 1 & 2**

**Focus on the Rib Cage for Improvement of Respiration, Phonation, Postural Control and
Movement in Children: Part 11 & 12**

**Focus on the Rib Cage for Improvement of Respiration, Phonation, Postural Control and
Movement in Children: Part 13**

**Focus on the Rib Cage for Improvement of Respiration, Phonation, Postural Control and
Movement in Children: Part 3 & 4**

**Focus on the Rib Cage for Improvement of Respiration, Phonation, Postural Control and
Movement in Children: Part 5 & 6**

**Focus on the Rib Cage for Improvement of Respiration, Phonation, Postural Control and
Movement in Children: Part 7 & 8**

**Focus on the Rib Cage for Improvement of Respiration, Phonation, Postural Control and
Movement in Children: Part 9 & 10**

Focus on the Rib Cage: Normal Development

Fractures of the Upper Extremity: I've Fallen and I Can't Get Up, Part 3

Functional Interaction of the Visual and Motor Systems in Rehabilitation: Part 1 & 2

Functional Interaction of the Visual and Motor Systems in Rehabilitation: Part 11

Functional Interaction of the Visual and Motor Systems in Rehabilitation: Part 3 & 4

Functional Interaction of the Visual and Motor Systems in Rehabilitation: Part 5 & 6

Functional Interaction of the Visual and Motor Systems in Rehabilitation: Part 7 & 8

Functional Interaction of the Visual and Motor Systems in Rehabilitation: Part 9 & 10

Functional Upper Body Determinants on Independent Gait Control

[Gentle Touch: Baby Massage](#)

[Getting Started With the Severely Involved Baby](#)

[Hand Therapy Boot Camp, Part 1](#)

[Hand Therapy Boot Camp, Part 2](#)

[Hand Therapy Boot Camp, Part 3](#)

[Hand Therapy Boot Camp, Part 4](#)

[Head Trauma and Related Tissue Trauma](#)

[Head Trauma: Family Trauma](#)

[Helping Babies Move](#)

[Identifying Specific Treatment Objectives Through Physical Handling Assessment](#)

[Integrating Physical Handling and Vision Intervention in CVA & TBI: Part 1 & 2](#)

[Integrating Physical Handling and Vision Intervention in CVA & TBI: Part 11](#)

[Integrating Physical Handling and Vision Intervention in CVA & TBI: Part 3 & 4](#)

[Integrating Physical Handling and Vision Intervention in CVA & TBI: Part 5 & 6](#)

[Integrating Physical Handling and Vision Intervention in CVA & TBI: Part 7 & 8](#)

[Integrating Physical Handling and Vision Intervention in CVA & TBI: Part 9 & 10](#)

[Intervention Strategies](#)

[Introduction to Assessment and Treatment of Oral-Motor Disorders: Part 1 & 2](#)

[Introduction to Baby Treatment: Part 1 & 2](#)

[Introduction to Baby Treatment: Part 3 & 4](#)

[Introduction to Baby Treatment: Part 5 & 6](#)

[Introduction to Baby Treatment: Part 7](#)

[Introduction to Neurodevelopmental Treatment: Part 1 & 2](#)

[Introduction to Neurodevelopmental Treatment: Part 3 & 4](#)

[Introduction to Neurodevelopmental Treatment: Part 5](#)

[Introduction to Soft Tissue Mobilization: Basic Concepts and Techniques](#)

[Introduction to Soft Tissue Mobilization of the Upper and Lower Body: Part 1 & 2](#)

[Introduction to Soft Tissue Mobilization of the Upper and Lower Body: Part 11](#)

[Introduction to Soft Tissue Mobilization of the Upper and Lower Body: Part 3 & 4](#)

[Introduction to Soft Tissue Mobilization of the Upper and Lower Body: Part 5 & 6](#)

[Introduction to Soft Tissue Mobilization of the Upper and Lower Body: Part 7 & 8](#)

[Introduction to Soft Tissue Mobilization of the Upper and Lower Body: Part 9 & 10](#)

[Issues of the Head and Neck: Part 5 & 6](#)

[Issues of the Head and Neck: Part 7 & 8](#)

[Joint Mobilization for the Neurologically Involved Child: Part 1 & 2](#)

[Joint Mobilization for the Neurologically Involved Child: Part 11 & 12](#)

[Joint Mobilization for the Neurologically Involved Child: Part 3 & 4](#)

[Joint Mobilization For The Neurologically Involved Child: Part 5 & 6](#)

[Joint Mobilization For The Neurologically Involved Child: Part 7 & 8](#)

[Joint Mobilization For The Neurologically Involved Child: Part 9 & 10](#)

[Joint Mobilization of the Upper Extremity](#)

[Kinesthetic Fine Motor Activities](#)

[LASER: Clinical Light & Laser Therapy, A Doctor's Approach, Part 1](#)

[LASER: Clinical Light & Laser Therapy, A Doctor's Approach, Part 2](#)

[LASER: Clinical Light & Laser Therapy, A Doctor's Approach, Part 3](#)

[LASER: The Healing Power of Light](#)

[Lateral Epicondylitis: The Therapist's Approach to Conquering Pain](#)

[Lateral Epicondylitis: Tips, Tricks, Trends & Trivia](#)

[MCP Arthroplasty: New Knuckles? Or an Expensive Flyswatter!](#)

[Myofascial Therapy: With Emphasis on Trigger Points of the Upper Extremity](#)

[The NDT \(Bobath\) Management of Adult Hemiplegia: Part 1 and 2](#)

[The NDT \(Bobath\) Management of Adult Hemiplegia: Part 3 & 4](#)

[The NDT \(Bobath\) Management of Adult Hemiplegia: Part 5 & 6](#)

[The NDT \(Bobath\) Management of Adult Hemiplegia: Part 7 & 8](#)

[The NDT \(Bobath\) Management of Adult Hemiplegia: Part 9 & 10](#)

[The Neuroanatomy of Closed Head and Brain Injury in Children and Adults: Part 1 & 2](#)

[The Neuroanatomy of Closed Head and Brain Injury in Children and Adults: Part 3 & 4](#)

[The Neuroanatomy of Closed Head and Brain Injury in Children and Adults: Part 5](#)

[The Neuroanatomy of Neuromotor and Sensorimotor Disorders: Part 1 & 2](#)

[The Neuroanatomy of Neuromotor and Sensorimotor Disorders: Part 3 & 4](#)

[The Neuroanatomy of Neuromotor and Sensorimotor Disorders: Part 5 & 6](#)

[The Neuroanatomy of Neuromotor and Sensorimotor Disorders: Part 7](#)

[The Neuroanatomy of the Visual System: Part 1 & 2](#)

[The Neuroanatomy of the Visual System: Part 3 & 4](#)

[The Neuroanatomy of the Visual System: Part 5](#)

[Neurodynamics of the Upper Extremity, Education and Treatment Strategies, Part 1](#)

[Neurodynamics of the Upper Extremity, Education and Treatment Strategies, Part 2](#)

[Normal Sensorimotor](#)

[OA: Tips, Tricks & Trivia](#)

[Office Ergonomics: Take Control!](#)

[Orthotics: Creative Mobilization Splinting, Part 1](#)

[Orthotics: Creative Mobilization Splinting, Part 2](#)

[Orthotics: Creative Mobilization Splinting, Part 3](#)

[Orthotics: Static Splinting Made Simple, Part 1](#)

[Orthotics: Static Splinting Made Simple, Part 2](#)

[Pediatric Positioning with Triplewall](#)

[Practical Treatment of Torticollis: Part 1 & 2](#)

[Practical Treatment of Torticollis: Part 3 & 4](#)

[Practical Treatment of Torticollis: Part 5 & 6](#)

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