**DC:**

**Nursing Education in Video:**

**Body Mechanics: The Science of Moving Safely**

In the course of an average day, healthcare providers are required to stand or sit for long periods of time and lift heavy cumbersome weight, often in awkward positions or in confined spaces. The risk of injury to yourself can be greatly reduced simply by using the proper body mechanics for any given task. Body mechanics is the science of working safely.

**Range of Motion Exercises**

When individuals are immobilized for prolonged periods of time an essential part of the recovery process includes maintaining the full range of joint motion.

**Range of Motion Exercises: Theory and Practices**

Maintaining a full range of joint motion for individuals who are immobilized for prolonged periods of time is an essential part of any recovery process.

**Sports Medicine and Exercise Science:**

**Addressing the Role of Regional Interdependence in the Assessment and Treatment of Cervico-Thoracic Disorders**

Concept of regional interdependence and how it plays a role in dealing with cervico-thoracic disorders. We're going to look at the roll that the shoulder may play in this area and some of the other related regions including thoracic spine.

**Advanced Corrective Exercise**

TOPICS TO BE COVERED · Common Problems · Fundamentals of Corrective Exercises · Advanced Problems · Functional Anatomy · Advanced Exercises. COMMON PROBLEMS

**Advanced Education Seminar: Food for Thought & Workshop on Therapeutic Modalities, Disc 1**

**Advanced Education Seminar: Food for Thought & Workshop on Therapeutic Modalities, Disc 2**

**Advanced Kettlebell Drills**
Advances in Spine Rehabilitation: Integrating Biomechanical and Motor Control Approaches

The purpose of the learning lab is to provide an update on recent advances in our understanding of the biomechanical and motor control aspects, of interventions of patients with low back pain.

Assessing and Correcting Deviations of the Feet

Assessing the foot and ankle: Common Postural Deviations of the Foot and Ankle: Over pronation Lack of dorsal flexion

Assessing Movement: What Do You See? What Do You Do About It?

Authentic Cardio Boxing

Back in Action: Contributing Factors and Corrective Exercises for Low-Back Pain

Back pain and injury impairs the function of your core muscles and therefore the function of your entire body. We will discuss how this occurs and learn exercises to realign, lengthen and strengthen the muscles that contribute to a healthy back.

Balance Assessments for Identifying Ankle Instability


Barefoot Core Workout

Today we are going to do a workout called the barefoot core workout. It's a full body routine that you can do without any equipment at all. It focuses on the core and by that I mean we're just going to ask you to do movements with your arms and your legs in different positions so that your core gets a little bit more challenge as you do these exercises.

Belly Dancing for Baby Boomers

So why don't you take this opportunity to learn belly dancing and get great exercise and I promise you, you're going to have a lot of fun doing it. So what I've designed for you is a program of abdominal exercises that will help you strengthen and tone the abdominal region.

B.I.T.S. and Pieces (Step Ball Interval Training)

Body-Weight Boot Camp
Bridging the Gap Between Rehabilitation and Performance: Linear Movement
Bridging the Gap Between Rehabilitation and Performance: Multidirectional Movement
Buddy Up! 2009: Partner Training for Results
California Yoga Groove
Can Kettlebells Make You Smarter?
Cardiac Rehabilitation in Modern Cardiology: The Underutilization Paradox?
Cardioprotective Benefits of Vigorous Physical Activity: The Risk Benefit Issue
Casting & Splinting: Common Sports Injuries
Cervical Spine, Thoracic Spine, and Shoulder
Clinical and Biomechanical Assessment of Walking Gait
Clinical Evaluation of Static and Dynamic Malalignments: Techniques for Assessment Interventions
Clinical Exercise Physiology: A Pharmacological Update
Clinical Exercise Physiology—Understanding the Basics
A Close Look at ACSM Strength Training Guidelines
Combating the Obesity Epidemic: Treatment Options
Complementary Alternative Medicine in Practice: Using Evidence-Based Yoga to Evaluate the Athlete
A Comprehensive Approach to Student-Athlete Training and Development
Conducting the YMCA Fitness Testing & Assessment Protocol
Core Control: One Side at a Time
Core Gymnastics
Core Integrity: Relative to What
Core/Spinal Stabilization Training
Core Stability and Strengthening; Facts and Myths
Core Strength and Stabilization for Athletes
Core Strength Assessment in Runners

Corrective Exercise Design: Eliminating the Guesswork, Disc 1

Corrective Exercise Design: Eliminating the Guesswork, Disc 2

The Critical Power Concept: Implications for the Determination of V02 Max and Exercise Tolerance

Explore the mechanistic bases for both the critical power and W Prime parameters and explore the practical applications of this concept in exercise physiology and sports medicine.

Current Concepts in Post-Op Care: Lumbar Spine

Cut to the Core

Dehydration, Heat Injuries, and Sports Drinks

Developing Lateral Speed and Agility

Developing Linear Speed and Acceleration

Dietary Glycemic Index and Glycemic Load in Health and Exercise

Dieting Gone Awry: How to Help Clients with Eating Disorders and Disordered Eating

Differential Diagnoses of the Wrist and Hand

Differential Diagnosis of Elbow Injuries

Dilemmas for the Team Physician: “What Would You Do…?”

Done in 30 Minutes!

The Dose-Response Issue in Exercise Prescription

Drills and Exercises to Improve Coordination

Dumbbell Training for Improved Athletic Performance

Dynamic Flexibility Training for Athletes

East-West Breathing: Back Breathing and the Deep Stabilizing System

Eating Your Way to Health and Weight Loss: Losing Weight the Right Way

Efficacy, Safety, and Mechanisms of Blood Flow-Restricted Exercise

Efficiency: The Next Secret in Sports Training
Elbow, Forearm, Wrist, and Hand

Electrotherapy for Pain Relief

Ergogenic Aids: The Top 15 Ergogenic Aids

An ergogenic aid is something that promotes or enhances work.

An Evidence-Based Approach to the Athlete With Hip Pain

Examination and Injection of the Knee

Examination of the Foot and Ankle

Examination of the Hand and Wrist

Examination of the Knee

Examining and Predicting Lower-Extremity Overuse Injuries with Computerized, Video Gait Analysis

Executing a Collaborative Prospective Risk-Factor Study of ACL Injuries: Findings, Successes, and Challenges

Exercise Adherence

Exercise and Aging

Exercise and Brain Function

Exercise and Weight Control: Myths and Misconceptions

Exercise and Weight Loss: A Look at the Scientific Research

Exercise as an Antidote for Obesity: Considerations Regarding Fitness and Mortality

Exercise for Falls Prevention: Assessment and Implementation

Exercise from the Standpoint of Evolutionary Medicine

Exercise Heart Rate Response and Recovery – Simple But Important Clinical Measures

Exercise Testing and Exercise Prescription for the Elderly

Exercise Testing and Program Design: A Fitness Professional's Guide

Exercise Training Effects on Skeletal Muscle Blood Flow

Exercise, Why Does It Work?
Fix the Part—Mend the Whole

If we can do some specific exercises that address the path, we can affect the whole, if we know exactly what to do and why we're doing it.

Get on the Small Ball

We're going to use the ball to work on muscle endurance and strength for the lower body, the upper body, the core.
Heavy Breathing—The Science and Practice of Respiration During Resistance Training

Helping Clients With Shoulder Pain

Hip and Pelvis Examination

Hip Injuries: Evaluation and Treatment

How to Get Quality Results with Submaximal Cycle Ergometer Fitness Tests

Ice or Ambulance? Controversies in Sideline Management

Identifying and Screening Lower-Quadrant Muscle Imbalances

Identifying and Screening Upper-Quadrant Muscle Imbalances

If Exercise Has Medicinal Properties, Is Overdosing Possible?

Improving the Effectiveness of Your Resistance Training Program

Injury Care at Your Fingertips: Upper-Extremity Techniques

Injury Prediction and Prevention: Lessons Learned in the U.S. Military

Injury Prevention and Performance Enhancement: The Science of Warm-up

Injury Prevention in Youth Sports: Sound Science vs. Sound Judgment

The Inner Unit

The philosophy of the palates method is that it provides an optimal environment for a movement technique that promotes the unity of mind, body, and body, and leads to an internal physical transformation.

Integrated Back Rehabilitation—Regression to Progression

Integrated Systems Determinants of Exercise Intolerance

Interactions of the Most Commonly Prescribed Drugs in Orthopedics and Sports Medicine

Into Thin Air: Optimizing Exercise Performance At High Altitude

Introduction to Function First Corrective Exercise and Program Design

Introduction to Kettlebell Training for Fitness Professionals

It's Not a Simple Ankle Injury: The Long-Term Consequences of a Lateral Ankle-Sprain

JAMS: Joint Alignment and Muscle Sequencing
KBell Kombo

Kettle Core

Kettlebell and Medicine Ball Complex Training

Kettlebell Complex Training

Kettlebell Group X Training

Kettlebell Special Ops

Kettlebell Total Body Blast

Kettlebell Ultimate Body Detonation

Kettlebells for Pre-/Post-Natal Clientele

Knee Evidence-Based Forum: Can We Prevent ACL Injury and Patellofemoral Pain Syndrome With a Single Intervention?

Knee, Leg, Ankle, and Foot

Knot So Stressed

We are going to focusing on stress and typically how our society focuses on either psychological or emotional stress or physical stress and usually it’s mainly the psychological or the emotional side.

Lactate Threshold: Best O2 Bang for Your Buck

Lifestyle Medicine: Tools for Promoting Healthy Change, A Focus on Coaching, Disc 1

Lifestyle Medicine: Tools for Promoting Healthy Change, A Focus on Coaching, Disc 2

Lower-Body Water Exercise Progressions

Lower-Extremity Osteoarthritis—Assessment & Treatment Options

Lower-Extremity Rehabilitation: Training Around the Injury

Lumbar Spine, Hip, and Pelvis

Lymphatic Facilitation for Upper-Extremity Injuries

Making Sense of the Sports-Food Scene

Management of the Acute Anterior Shoulder Dislocation: On and Off the Field
Managing Musculoskeletal Inflammation: Current Understanding and Evidence-Based Practice

Managing Sports-Related Concussion in Youth and Adolescent Athletes

Managing Youth Sports Concussions: Education Versus Legislation—Washington State Passes a New Law

Manual Therapy Techniques: Theories Underlying the Techniques and the Evidence to Support

Marathon Medicine: Reducing Adverse Outcomes

Measuring Physical Activity in Youth

Mechanical Interactions of Snow, Skis, Skier

The Medicinal Effects of Exercise

Medicine Ball Training

The MET: Brief History, Current Uses and Concerns

Metabolic Training

Motivating Kids & Young Adults to Exercise

The Movement Triad

Movements, Not Muscles: A Multi-Planar Approach to Training

Muscle-TECH: Elastic Resistance

Muscles and Movement in 3-D

Myofascial Matrix

The Never-Ending Looking Glass of Movement

A Non-Shoulder Approach to the Shoulder Exam

Nutrition for Optimal Performance

Office Assessment of Core Strength in Runners

Partner Medicine-Ball Training

Permission to Eat for Energy
Perspectives on Correct Approaches to Conditioning Athletes

Physical Activity and Mental Health

The Physical, Physiological, and Psychosocial Evolution of Underrepresented Populations in the Sport and Fitness Movement

The Pitching Athlete: Assessment of Mechanics, Injury Prevention, and Rehabilitation

Plyometrics for the Strength-Power Athlete

Postural Relationships to Athletic Injuries: Pilates as Prevention

Powering Performance: Lessons from Sports Drink Science

A Practical Approach to the Throwing Athlete “Beyond the Shoulder”

Pre-Exercise Screening for Health/Fitness Facilities

Predictors of Exercise Compliance: Strategies to Improve Adherence to Exercise Programs

Preventing and Managing Common Running Injuries

Proper Technique in Administering a Stress Test

Pumping Nothing

    Exercise regime

Resist-A-Ball® Boot Camp

Resistance Training: Benefits, Rationale, Safety, and Prescription

Sandbag Drills: Understanding the Basics

The Science and Practice of Body-Composition Assessment

The Science and Practice of Designing Exercise Programs for the Overweight and Obese Client

The Scientific and Practical Aspects of Exercise Metabolism

Secondary School Athletic Training: Building on Success

Sex Differences in Human Thermoregulation: Implications for Athletes, Researchers, and Clinicians

Simplifying the Low Back Evaluation With a Classification System

The Slow Component of VO2 Kinetics: Mechanistic Bases and Practical Applications
The core consists of muscles that function in trunk movement or stability. These include the traditional trunk musculature, spinal extensors, flexors and rotators as well as the deep abdominal and back muscles. The Core also consists of the muscle that stabilize the hips and shoulders.
Thoracic Spine Asymmetries: Assessment, Intervention, and Why It Is Important

To Stretch or Not to Stretch: The Role of Stretching in Injury Prevention and Performance

The Top 10 Corrective Exercises

Top Toning With Tubing

Total Body Fit—Tubing Challenge!

Trainer’s Toolbox: Exercise Complexity

Training Issues and Solutions for Older Adults

Treatment of Acute Spondylolysis: Current Trends and Controversies

Triple Play: Aquatic Total-Body Conditioning

A Two-Way Street: Reciprocity for a Successful MES Program

Understanding Aerobic Programming Basics

Understanding and Promoting Youth Physical Activity

Unlocked & Unloaded—Multiplanar Movement

Upper-Body Water Exercise Progressions

U.S. Initiatives for Physical Activity: How Do We Put Them All Together?

Use It or Lose It: How We Get to Be Who We Are


Using Progressive Disclosure Problem-Based Learning in Athletic Training Education

Using Sports Science as a Coaching Tool

Variable Resistance

Water 4-1-1

Water Class Design

Weight Training With Non-Traditional Implements to Improve Athletic Performance
What Don't We Know About Exercise and Body Weight Regulation: A Trans-Disciplinary and Translational Perspective

What the Hips Lack...Hurts the Back

When a Regression Is Really a Progression

Whole Body Vibration: Shaking out the Evidence

You’ll Poke Your Eye Out—Common Eye Injuries on the Field

Youth Strength Training: A Need, Not an Option

Zone in on Lower-Back Postrehabilitation-Synergy, Science, and Income!

Rehabilitation Therapy in Video:

Analyzing Functional Activities As A Basis for Treatment in Adult Hemiplegia: Part 1 & 2
Analyzing Functional Activities As A Basis for Treatment in Adult Hemiplegia: Part 3 & 4
Analyzing Functional Activities As A Basis for Treatment in Adult Hemiplegia: Part 5 & 6
Analyzing Functional Activities As A Basis for Treatment in Adult Hemiplegia: Part 7 & 8
Analyzing Functional Activities As A Basis for Treatment in Adult Hemiplegia: Part 9

Arthroplasties of the Upper Extremity: Bring on the New Joints, Part 1
Arthroplasties of the Upper Extremity: Bring on the New Joints, Part 2

Assessment of Hand Skills in the Primary Child Assessment of the Infant & Child with Congenital Torticollis: Causes, Palpation & Relevant Anatomy

Basic Myotherapy Techniques for Adult Pain Management part 1
Basic Myotherapy Techniques for Adult Pain Management part 2

Beyond Weight Bearing: Getting the Hands to Work More Efficiently: Part 1 & 2
Beyond Weight Bearing: Getting the Hands to Work More Efficiently: Part 11
Beyond Weight Bearing: Getting the Hands to Work More Efficiently: Part 3 & 4
Beyond Weight Bearing: Getting the Hands to Work More Efficiently: Part 5 & 6
Beyond Weight Bearing: Getting the Hands to Work More Efficiently: Part 7 & 8

Beyond Weight Bearing: Getting the Hands to Work More Efficiently: Part 9 & 10

Biomechanical and Sensory Strategies for Improving Motor Control in Children with Neuromotor Disorders: Part 1 & 2

Biomechanical and Sensory Strategies for Improving Motor Control in Children with Neuromotor Disorders: Part 11

Biomechanical and Sensory Strategies for Improving Motor Control in Children with Neuromotor Disorders: Part 3 & 4

Biomechanical and Sensory Strategies for Improving Motor Control in Children with Neuromotor Disorders: Part 5 & 6

Biomechanical and Sensory Strategies for Improving Motor Control in Children with Neuromotor Disorders: Part 7 & 8

Biomechanical and Sensory Strategies for Improving Motor Control in Children with Neuromotor Disorders: Part 9 & 10

Breast Cancer Rehabilitation: Traditional and Pilates Approach, Part 1

Breast Cancer Rehabilitation: Traditional and Pilates Approach, Part 2

Burns: Stop, Drop & Rehab

Carpal Tunnel: You Have Control

Cervical Exam: The Physicians Approach to Differential Diagnosis

Clinical Activities: Clinic, Bedside, Home - Part 1

Clinical Activities: Clinic, Bedside, Home - Part 2

Clinical Application of the Motokinesthetic Approach

Communication and Oral-Motor Function in Rett Syndrome

Comparison of Normal and Atypical Development

The Comprehensive Assessment Process: Part 1 & 2

The Comprehensive Assessment Process: Part 11 & 12

The Comprehensive Assessment Process: Part 13 & 14
The Comprehensive Assessment Process: Part 15 & 16
The Comprehensive Assessment Process: Part 17 & 18
The Comprehensive Assessment Process: Part 19 & 20
The Comprehensive Assessment Process: Part 3 & 4
The Comprehensive Assessment Process: Part 5 & 6
The Comprehensive Assessment Process: Part 7 & 8
The Comprehensive Assessment Process: Part 9 & 10
Concepts & Guidelines in Baby Treatment: Part 1 & 2
Concepts & Guidelines in Baby Treatment: Part 3 & 4
Concepts & Guidelines in Baby Treatment: Part 5
Concepts in Neuroanatomy in Learning, Memory and Recall: Part 1 & 2
Concepts in Neuroanatomy in Learning, Memory and Recall: Part 3 & 4
Concepts in Neuroanatomy in Learning, Memory and Recall: Part 5
Cumulative Trauma Disorders: An Evidenced-Based Approach, Part 1
Cumulative Trauma Disorders: An Evidenced-Based Approach, Part 2
Cumulative Trauma Disorders: An Evidenced-Based Approach, Part 3
Cumulative Trauma Disorders: An Evidenced-Based Approach, Part 4
Cumulative Trauma Disorders: An Evidenced-Based Approach, Part 5
Developmental Hand Program
The Diagnosis of Rett Syndrome
Edema Management: Here Today, Gone Tomorrow
Edit Video: Rib Cage Mobilization Strategies
The Elbow: Unlocking the Hinge to Function
Facilitating Anterior Chest Wall Expansion
Facilitating the Posterior Rib Cage and Elongating the Trunk and Intercostals
Facilitation Techniques for Improving Motor Control in Children with Neuromotor Disorders
Part 1: Movement Experience and Facilitation in Supine, Prone and Sitting

Facilitation Techniques for Improving Motor Control in Children with Neuromotor Disorders
Part 2: Facilitation in Quadruped, Standing, and Walking

Focus on the Rib Cage: Atypical Development

Focus on the Rib Cage for Improvement of Respiration, Phonation, Postural Control and Movement in Children: Part 1 & 2

Focus on the Rib Cage for Improvement of Respiration, Phonation, Postural Control and Movement in Children: Part 11 & 12

Focus on the Rib Cage for Improvement of Respiration, Phonation, Postural Control and Movement in Children: Part 13

Focus on the Rib Cage for Improvement of Respiration, Phonation, Postural Control and Movement in Children: Part 3 & 4

Focus on the Rib Cage for Improvement of Respiration, Phonation, Postural Control and Movement in Children: Part 5 & 6

Focus on the Rib Cage for Improvement of Respiration, Phonation, Postural Control and Movement in Children: Part 7 & 8

Focus on the Rib Cage for Improvement of Respiration, Phonation, Postural Control and Movement in Children: Part 9 & 10

Focus on the Rib Cage: Normal Development

Fractures of the Upper Extremity: I've Fallen and I Can't Get Up, Part 3


Functional Interaction of the Visual and Motor Systems in Rehabilitation: Part 3 & 4


Functional Interaction of the Visual and Motor Systems in Rehabilitation: Part 7 & 8


Functional Upper Body Determinants on Independent Gait Control
Gentle Touch: Baby Massage

Getting Started With the Severely Involved Baby

Hand Therapy Boot Camp, Part 1
Hand Therapy Boot Camp, Part 2
Hand Therapy Boot Camp, Part 3
Hand Therapy Boot Camp, Part 4

Head Trauma and Related Tissue Trauma

Head Trauma: Family Trauma

Helping Babies Move

Identifying Specific Treatment Objectives Through Physical Handling Assessment

Integrating Physical Handling and Vision Intervention in CVA & TBI: Part 1 & 2
Integrating Physical Handling and Vision Intervention in CVA & TBI: Part 3 & 4
Integrating Physical Handling and Vision Intervention in CVA & TBI: Part 5 & 6
Integrating Physical Handling and Vision Intervention in CVA & TBI: Part 7 & 8
Integrating Physical Handling and Vision Intervention in CVA & TBI: Part 9 & 10

Intervention Strategies

Introduction to Assessment and Treatment of Oral-Motor Disorders: Part 1 & 2
Introduction to Baby Treatment: Part 1 & 2
Introduction to Baby Treatment: Part 3 & 4
Introduction to Baby Treatment: Part 5 & 6

Introduction to Baby Treatment: Part 7

Introduction to Neurodevelopmental Treatment: Part 1 & 2
Introduction to Neurodevelopmental Treatment: Part 3 & 4

Introduction to Neurodevelopmental Treatment: Part 5
Introduction to Soft Tissue Mobilization: Basic Concepts and Techniques

Introduction to Soft Tissue Mobilization of the Upper and Lower Body: Part 1 & 2

Introduction to Soft Tissue Mobilization of the Upper and Lower Body: Part 11

Introduction to Soft Tissue Mobilization of the Upper and Lower Body: Part 3 & 4

Introduction to Soft Tissue Mobilization of the Upper and Lower Body: Part 5 & 6

Introduction to Soft Tissue Mobilization of the Upper and Lower Body: Part 7 & 8

Introduction to Soft Tissue Mobilization of the Upper and Lower Body: Part 9 & 10

Issues of the Head and Neck: Part 5 & 6

Issues of the Head and Neck: Part 7 & 8

Joint Mobilization for the Neurologically Involved Child: Part 1 & 2

Joint Mobilization for the Neurologically Involved Child: Part 11 & 12

Joint Mobilization for the Neurologically Involved Child: Part 3 & 4

Joint Mobilization For The Neurologically Involved Child: Part 5 & 6

Joint Mobilization For The Neurologically Involved Child: Part 7 & 8

Joint Mobilization For The Neurologically Involved Child: Part 9 & 10

Joint Mobilization of the Upper Extremity

Kinesthetic Fine Motor Activities

LASER: Clinical Light & Laser Therapy, A Doctor's Approach, Part 1

LASER: Clinical Light & Laser Therapy, A Doctor's Approach, Part 2

LASER: Clinical Light & Laser Therapy, A Doctor's Approach, Part 3

LASER: The Healing Power of Light

Lateral Epicondylitis: The Therapist's Approach to Conquering Pain

Lateral Epicondylitis: Tips, Tricks, Trends & Trivia

MCP Arthroplasty: New Knuckles? Or an Expensive Flyswatter!

Myofascial Therapy: With Emphasis on Trigger Points of the Upper Extremity
The NDT (Bobath) Management of Adult Hemiplegia: Part 1 and 2
The NDT (Bobath) Management of Adult Hemiplegia: Part 3 & 4
The NDT (Bobath) Management of Adult Hemiplegia: Part 5 & 6
The NDT (Bobath) Management of Adult Hemiplegia: Part 7 & 8
The NDT (Bobath) Management of Adult Hemiplegia: Part 9 & 10
The Neuroanatomy of Closed Head and Brain Injury in Children and Adults: Part 1 & 2
The Neuroanatomy of Closed Head and Brain Injury in Children and Adults: Part 3 & 4
The Neuroanatomy of Closed Head and Brain Injury in Children and Adults: Part 5
The Neuroanatomy of Neuromotor and Sensorimotor Disorders: Part 1 & 2
The Neuroanatomy of Neuromotor and Sensorimotor Disorders: Part 3 & 4
The Neuroanatomy of Neuromotor and Sensorimotor Disorders: Part 5 & 6
The Neuroanatomy of Neuromotor and Sensorimotor Disorders: Part 7
The Neuroanatomy of the Visual System: Part 1 & 2
The Neuroanatomy of the Visual System: Part 3 & 4
The Neuroanatomy of the Visual System: Part 5
Neurodynamics of the Upper Extremity, Education and Treatment Strategies, Part 1
Neurodynamics of the Upper Extremity, Education and Treatment Strategies, Part 2
Normal Sensorimotor
OA: Tips, Tricks & Trivia
Office Ergonomics: Take Control!
Orthotics: Creative Mobilization Splinting, Part 1
Orthotics: Creative Mobilization Splinting, Part 2
Orthotics: Creative Mobilization Splinting, Part 3
Orthotics: Static Splinting Made Simple, Part 1
Orthotics: Static Splinting Made Simple, Part 2
Pediatric Positioning with Triplewall

Practical Treatment of Torticollis: Part 1 & 2

Practical Treatment of Torticollis: Part 3 & 4

Practical Treatment of Torticollis: Part 5 & 6

Preparation for Better Function of the Upper Extremity in Adult Hemiplegia: Part 1 & 2

Preparation for Better Function of the Upper Extremity in Adult Hemiplegia: Part 3 & 4

Preparation for Better Function of the Upper Extremity in Adult Hemiplegia: Part 5 & 6

Preparation for Better Function of the Upper Extremity in Adult Hemiplegia: Part 7 & 8

Preparation for Better Function of the Upper Extremity in Adult Hemiplegia: Part 9 & 10

Preparation for Improving Functional Gait in Adult Hemiplegia: Part 1 & 2

Preparation for Improving Functional Gait in Adult Hemiplegia: Part 3 & 4

Preparation for Improving Functional Gait in Adult Hemiplegia: Part 5 & 6

Preparation for Improving Functional Gait in Adult Hemiplegia: Part 7


The Respiratory Musculature and Oral Pharyngeal Development

A Royal Pain in the Thumb!

Shoulder Pathology: A Detailed Approach to Examination & Treatment, Part 1

Shoulder Pathology: A Detailed Approach to Examination & Treatment, Part 2

Slip, Fall, Broken Wrist! A Fracture Everyone Treats

Soft Tissue Mobilization: Muscles of the Arm and Hand
Soft Tissue Mobilization: Muscles of the Head and Neck

Soft Tissue Mobilization: Muscles of the Leg and Foot

Soft Tissue Mobilization: Muscles of the Shoulder Girdle

Soft Tissue Mobilization: Muscles of the Trunk and Pelvic Girdle

Sports Injuries: Off the Sidelines & Into the Game, Part 1

Sports Injuries: Off the Sidelines & Into the Game, Part 2

Sports Injuries: Off the Sidelines & Into the Game, Part 3

Stiff Joints: Tips, Tricks and Trivia

Stiffness: Suggestions & Solutions

Structural Aspects of the Rib Cage

The Systems: Part 1 & 2

The Systems: Part 11 & 12

The Systems: Part 13 & 14

The Systems: Part 15 & 16

The Systems: Part 17 & 18

The Systems: Part 19 & 20

The Systems: Part 3 & 4

The Systems: Part 5 & 6

The Systems: Part 7 & 8

The Systems: Part 9 & 10

Therapeutic Exercises: An Upper Extremity Regime, Part 1

Therapeutic Exercises: An Upper Extremity Regime, Part 2

Therapeutic Exercises: An Upper Extremity Regime, Part 3

Treating a Child Who Has Plagiocephaly and Assymetrical Head Turning

Treating the Child with Total Body Involvement: Part 1 & 2
Treating the Child with Total Body Involvement: Part 11 & 12
Treating the Child with Total Body Involvement: Part 13 & 14
Treating the Child with Total Body Involvement: Part 3 & 4
Treating the Child with Total Body Involvement: Part 5 & 6
Treating the Child with Total Body Involvement: Part 7 & 8
Treating the Child with Total Body Involvement: Part 9 & 10
Treating the Infant With Processing Challenges
Treatment Approaches in Pediatrics: Part 1 & 2
Treatment Approaches in Pediatrics: Part 3 & 4
Treatment Approaches in Pediatrics: Part 5 & 6
Treatment Approaches in Pediatrics: Part 7
Treatment Demonstration
Treatment Demonstration with a 4 Year Old
The Treatment of the Baby with Myelomeningocele to Enhance Lower Extremity Function
Treatment of the Infant & Child with Congenital Torticollis
Treatment Strategies in Hypotonia: Treating the Birth to Three Client Who Presents with Hypotonia
Upper Extremity: Missed Diagnoses
Using the Therapy Ball to Treat the Pediatric Patient
The Vision-Motor Connection: Influences on Rehabilitation in Children & Adults, Part 1 & 2
The Vision-Motor Connection: Influences on Rehabilitation in Children & Adults, Part 3 & 4
The Vision-Motor Connection: Influences on Rehabilitation in Children & Adults, Part 5 & 6
The Vision-Motor Connection: Influences on Rehabilitation in Children & Adults, Part 7 & 8
The Vision-Motor Connection: Influences on Rehabilitation in Children & Adults, Part 9
Visual Midline Shift Syndrome
Wound Care for the Hand Specialist: Heal 'em Up Quickly, Part 2

Wounds: Tips Tricks and Trivia

Wrist Secrets, Part 1: The Physical Therapists Approach

Wrist Secrets, Part 2: The Occupational Therapists Approach

Wrist Secrets, Part 3: The Hand Surgeons' Approach

Yoga: Child's Play, Part 1

Yoga: Child's Play - Yoga for Special Needs Children

Yoga: Child's Play - Yoga for the Well Child

Yoga: Mind and Body, Part 1

Yoga: Mind and Body, Part 2