explore
OUR PROGRAMS

Professional
- Doctor of Chiropractic Medicine
- Doctor of Naturopathic Medicine
- Master of Science in Acupuncture
- Master of Science in Oriental Medicine

Certificate and Undergraduate
- Bachelor of Science in Biomedical Science
- Associate of Applied Science in Massage Therapy
- Massage Therapy Certificate

Postprofessional
- Master of Science in Advanced Clinical Practice
- Master of Science in Diagnostic Imaging
- Continuing Education programs

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A time of transformation

Economic and demographic shifts are reshaping the way healthcare is defined and delivered, opening new doors for chiropractic and naturopathic physicians and oriental medicine practitioners.

OPPORTUNITIES ARE EVERYWHERE. WE CAN HELP YOU FIND YOURS.

At National University of Health Sciences, we transform passionate students into highly trained healthcare providers. For more than 100 years, we’ve been the leader in integrative teaching, training and treatment.

Our students collaborate across programs, gaining deep respect for different disciplines and completing a curriculum built on strong basic sciences and intensive practical experience. The close connections they form with faculty and classmates are built on integrity and mutual respect. Whether in the classroom, clinic or cadaver lab, you’ll work hard at National University. But you’ll leave with everything you need to build a successful career and to make a real difference in the lives of patients.

If you believe in healthcare that treats the whole person, and in an education that combines technical mastery with compassion and connection, then National University just might be the place for you.

Come take a look and see how we can help you explore success.
OUR STUDENTS’ PATH OF DISCOVERY

Everything we do is designed to provide students with a truly integrative educational experience. Whatever your program, whatever your career goals, you’ll cross paths with students from across National University.

Get to know our students through a sampling of their classes, activities and clinical experiences, and you’ll see that there’s a world of opportunity for creating an educational adventure that is truly your own.
Nobody said medical school would be easy.

Make no mistake about it: National University is a demanding program. Our basic science courses and labs are as rigorous as those of allopathic medical schools, and lay the groundwork for training that provides clinical mastery and practical experience. It’s an innovative, evidence-based approach that empowers students to reach higher.

National University provides students with a unique opportunity to expand their practice opportunities by earning a dual degree. Our continuing education programs, residencies, postprofessional programs and partnerships with other respected institutions broaden students’ knowledge base, allowing them to serve a more diverse population of patients.

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**Acupuncture and Oriental Medicine**
Our acupuncture and oriental medicine programs are one of the few to incorporate cadaver dissection into acupuncture point and meridian studies. This integration of eastern and western medical modalities creates new insight and opportunities for graduates.

**Chiropractic Medicine**
Our Evaluation and Management classes in the chiropractic program apply basic sciences to medical diagnosis and treatment. Students connect what’s happening in the exam room with what they’re learning in the classroom, and begin practicing adjusting techniques during their second trimester.

**Naturopathic Medicine**
In naturopathic medicine, knowledge of the basic sciences assists in diagnosis, treatment and prevention of disease. Our Determinants of Health course teaches students how to apply science coursework to naturopathic principles, providing a solid foundation for clinical training and practice.

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THE DEMANDS ARE GREAT — THE REWARDS ARE EVEN GREATER.
Holistic → Whole-istic

You’ve chosen medicine because you want to connect with people. At National University, you’ll spend a full year applying classroom and laboratory knowledge to real-world medical settings.

It all begins at our Whole Health Centers. Staffed by chiropractic and naturopathic physicians, acupuncture and oriental medicine practitioners, and massage therapists who often work alongside allopathic providers, these clinics embody our integrative philosophy. You’ll spend hundreds of hours examining, diagnosing and treating actual patients while receiving supervision from world-class faculty. You’ll achieve technical mastery and build essential interpersonal skills.

Acupuncture and Oriental Medicine
Acupuncture students can intern in the pain management clinic at Chicago’s Stroger Hospital. It’s an eye-opening experience that puts you inside one of the country’s largest, most diverse medical centers.

Chiropractic Medicine
Our training and assessment center builds crucial evaluation and diagnostic skills for our chiropractic students in a practical learning environment. Students encounter standardized patients and other simulated challenges in rooms specially designed with remote cameras and speakers, so interactions can later be reviewed with faculty.

Naturopathic Medicine
From hydrotherapy treatment rooms and a fully stocked herbal dispensary to diverse clinical opportunities, we provide a rich, multifaceted naturopathic medicine program. Students gain invaluable insight into the opportunities and challenges that await them after graduation.
chart your course

What is success?
The answer is different for every National University student. Success might mean running a solo practice or joining an integrated care team at a major medical center. It could be a career in research and academics, or providing specialized care to children, women, veterans or the elderly.

But dig deep and you'll find measures of success shared by many of our students. They want to be respected in their field and valued as members of their professional community. They are committed to helping people, and believe in medicine that combines evidence-based care with a holistic and compassionate approach. They aspire to make a difference in the lives of patients and to build a sustainable, rewarding career.

If that sounds familiar, you'll fit right in at National.

ONLY YOU CAN DEFINE WHAT SUCCESS MEANS, BUT WE CAN HELP YOU MAKE IT A REALITY.
“Healthcare is changing rapidly. There are new, exciting opportunities for integrative practitioners to be on the front lines of primary care.”

Teamwork, free lunch and integrative medicine

Dr. Paul Rubin, NUHS Alumnus 1980
Co-Founder of WholeHealth Chicago

“I was injured playing high school basketball and didn’t heal until I saw a chiropractic physician. That’s how I first became interested in medicine and it is while studying at National that I began to understand the power of an integrative health model. I began a solo practice after graduating and although I enjoyed it, I could see the limitations of working alone. So I hired a physical therapist and massage therapist and that’s how the practice began to grow.

“Today, we have 16 providers, including MDs, chiropractic physicians, acupuncturists, nutritionists, clinical psychologists, massage therapists, a physical therapist, a homeopath, an osteopath and a healing touch practitioner. The vast majority of our patients see multiple providers here. We’re constantly collaborating—whether it’s dropping into an exam room for a spur-of-the-moment consult or having a quick huddle in the hall—to ensure they benefit from our individual areas of expertise.

“Our case conferences really illustrate the power of this multidisciplinary model. Each week we close the clinic for two hours, order lunch, and the entire staff sits together to discuss patients. We work as an integrative team to develop a care plan that combines the best conventional and alternative therapies.

“Being a practitioner in this type of environment is incredibly rewarding. I am constantly learning from my colleagues and spend my days empowering people to care for themselves in ways they didn’t know they could.”
Confidence in our history. Confident in your future.

National University has prepared students to become successful healthcare providers and leaders in their professions since 1906.

We're proud of milestones that make us leaders. Beginning in the late 1920s we offered degrees that were the forbearer to naturopathic medicine. We taught acupuncture before President Nixon's historic trip to the Republic of China brought attention to this ancient discipline. We were the first chiropractic institution to open a training and assessment center and to receive licensure approval from every chiropractic board in the country.

Milestones like these illustrate that we are a school defined by leadership, innovation and vision. For more than a century, we have influenced the way healthcare is perceived, taught and practiced, and each year we continue moving the profession forward.

Yes, our history matters. It is proof that we truly understand integrative healthcare, and that we know what it takes to help you achieve a lifetime of career success.
WE’RE KEEPING SCORE. SO SHOULD YOU.

Medical school is a major investment; the institution you choose should provide nothing less than across-the-board excellence. Which schools really have what it takes?

**Academics**

- What are the basic sciences requirements of the curriculum?
  - The best programs offer a rigorous curriculum steeped in basic sciences like biochemistry, biology, and physiology.

- Does the school offer full cadaver dissection or only pro-section or virtual dissection?
  - Anatomy is a crucial part of any program, and is best learned through dissecting full human cadavers in a state-of-the-art lab facility.

- Does the school provide the opportunity to get dual degrees?
  - Earning multiple degrees at the same institution saves you time and money. Multiple health specialties expand your career options, increase your earning potential and make you more valuable to your patients.

**Clinical**

- Do the students train in a fully integrated clinical environment?
  - Learning to practice as part of a diverse care team prepares students to work in a variety of healthcare environments.

- During clinical training do they work alongside MDs and other allopathic providers?
  - Integrative practices increasingly include a range of medical specialists. Training with a variety of professionals expands career opportunities after graduation.

- Do the programs provide the opportunity to train in academic medical centers?
  - Major hospitals and academic medical settings expose students to a wide range of patients, providers and conditions. They provide crucial experience and perspective.

**Location**

- Is the school located in an area with a large and diverse patient base?
  - Providers who serve different types of patients have the opportunity to broaden their knowledge base and expand their practice by treating a wider range of conditions.

- How close is it to major hospitals and health care facilities?
  - Major hospitals provide a large number of high-quality healthcare jobs, which means greater employment opportunities for graduates.

- What types of career opportunities exist in the area after graduation?
  - Look for schools located in or near a community where integrative medicine is respected and practiced, and where there is a growing need for providers.

We excel in these areas. Compare us to other schools by asking these questions.
success