MENTAL HEALTH REFERRALS

The curriculum at NUHS is rigorous regardless of the program or credit hour load. Depression, helplessness, anxiety, homesickness, marital or relationship conflicts, and many other personal issues are common student dilemmas. The Office of Student Services is available to offer basic help with some of these problems, but very often, more intensive professional counseling succeeds at regaining daily functionality and longer lasting developmental change through insights guided by a trained professional. The University is able to provide referrals for independent counselors not affiliated with the University’s clinical services. Sessions are strictly confidential; records are not shared with NUHS personnel.

ILLINOIS

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Batavia, IL 60510
(630) 337-6571
www.mtomlinsontherapy.com

SERVICES:
Individual, couples or family therapy consultations available; Teletherapy; Sliding Scale Rates for Students; Accepts Insurance.

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137 N Oak Park Avenue, Suite 400
Oak Park, IL 60301
(708) 386-8800
www.ipa-llc.com

SERVICES:
Individual, couples or family therapy consultations available; Teletherapy;

Robert Emer, M.S., LCPC
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