




# National University of Health Sciences General Policies

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| Date Adopted: 1989   | Date(s) Revised: | 01/16/91 |    |   |
| <br>President | Date             | 2-3-09   |    |   |

## POLICY STATEMENT

National University of Health Sciences (NUHS) and its related colleges hold that the practice of the alternative and complementary healing arts and sciences including naturopathic medicine, must embrace the whole person, with emphasis upon conservative health care, which facilitates the inherent potential of the human organism to develop and maintain a state of self-regulation and to invoke self-healing processes with minimal therapeutic risk at reasonable cost. We recognize a diversity of factors that impact upon human physiology, among which are biomechanical dysfunction, altered energy patterns, genetics, trauma, hygiene, microorganisms, nutritional status, exercise, motion, posture, environment, stress, emotion, and human relationships.

Naturopathic practice embodies:

- Embodies the recognition of those aspects of human health and disease detailed above under the heading, Profile of the Practice of Naturopathic Medicine;
- Is based on the following six principles: The Healing Power of Nature; Find the Cause; First Do No Harm; Doctor as Teacher; Treat the Whole Person; Prevention;
- Is the primary care of patients based upon diagnostic evaluation including patient history, physical examination, clinical laboratory data, diagnostic imaging and other special diagnostic measures as well as those procedures that are unique to the naturopathic evaluation of the human condition;

- Promotes, as a central component of practice, the application of the principles of botanical medicine, homeopathy, proper nutrition, and hydrotherapy;
- Includes the use of other means including but not limited to, physiologic therapeutics, meridian therapy/acupuncture, trigger point therapy, exercise, lifestyle counseling, emotional support, articular manipulation, and stress management. The doctor of naturopathic medicine is a primary care, first contact physician who practices within the legal scope of licensure, emphasizes the importance of the doctor/patient relationship, recognizes the need for other forms of therapy when indicated, and interacts fully with other members of the health care delivery team, always in the best interest of the patient.